



Northeast Central Judicial District



Veterans Treatment Court Policy and Procedures Manual

Original edition: 04 19 2022; Revision four: 03/03/25

“Veteran Accountability Leading to Ongoing Recovery”

Northeast Central Judicial District Courthouse
Veterans Treatment Court
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Mission Statement

The mission of the Northeast Central Judicial District's Veterans Treatment Court is to promote recovery, stability, and accountability for veterans involved in the justice system through supervision and service-oriented mentorship; therefore improving public safety and civic contribution to the citizens and State of North Dakota.

Veterans Treatment Court Coordination Act - 2019

Veterans Treatment Courts are a successful program aimed at helping veterans charged with non-violent crimes receive help and benefits to which veterans are entitled.

Goals and Objectives

It is the goal of this program to reduce, deter, and ultimately eliminate repeat criminal offenses. The objectives will have the following characteristics:

- Enhance Public Safety
 - Reduce risky behaviors related to alcohol and other drugs (AOD)
 - Educate the community on AOD
 - Immediate accountability with consequences
 - Increase public awareness
- Reduce Recidivism
 - Early intervention in the judicial process
 - Keep offender engaged in recovery
 - Identify AOD-influence target population
- Improve Treatment Outcomes
 - Collaborative support of treatment engagement
 - Timely access to treatment
 - Immediate accountability
 - Cultural competence
 - Continuous reevaluation of treatment goals
 - Evidence-based treatment
- Reduce Costs
 - Decrease incarceration
 - Less adversarial procedures
 - Reduce recidivism

- ❑ Improved Criminal Justice System
 - Focus on the needs of individual offenders
 - More consistent procedures in AOD cases
 - Increased accountability
 - Improve timeliness
- ❑ Return to Community
 - Improved family stability and secured housing
 - Employability of offenders

Program Description

The Veterans Treatment Court (VTC) is designed to allow improving the quality of a justice-involved veteran's life. By choosing to participate in this program, they have to show that they are ready to do the work to make positive changes toward recovery and law-abiding life. Change is difficult, and they are sure to face many challenges within the course of the program. However, they will continue moving forward one step at a time. We will be there to provide support and assistance on their path. The VTC program emphasizes courage, commitment, integrity, devotion, and honor, and we hope they find these values meaningful as well.

Who is part of the VTC team?

Northeast Central Judicial District Court Judge:

- ❑ Is the formal leader of the VTC program and presides over the VTC docket committing him or herself to the program, mission, and goals and works as a full partner to ensure their success
- ❑ Makes all final decisions about court participation and progression in the program
- ❑ Will provide incentives, sanctions, and service adjustments in response to progress made and set-backs in the program by the participant
- ❑ The other VTC team members will provide the judge with information to help inform these rewards and sanctions
- ❑ Meets with the VTC team regularly to get updates on all the participants, including at staffing meetings directly before court appearances
- ❑ Does not order, deny, or alter treatment conditions independently of expert clinical advice
- ❑ Employs effective communication strategies to develop a working alliance with participants
- ❑ Takes sufficient time and attention to gauge each participant's performance in the court - applauding successes, intervening on the participant's behavior - impressing upon them the importance of treatment, administering appropriate

consequences, and communicating convincingly that staff recognize and value their efforts

- Holds participants accountable for their actions or issuing warnings or sanctions or service adjustments when called for
- Ensures due process and judicial ethics are employed throughout the participant's time in the court.
- Focuses on strengths-based approaches, promotes cultural awareness training and cultural competency among the entire team
- When able, act as a spokesperson for the VTC at various community events and ensure dissemination of information about the VTC
- Mediates in the development and maintenance of resources and improves interagency linkages
- Is aware of the impact that substance abuse has on the court system, the lives of offenders, their families and the community at large through a review of the court's impact on the client population by requesting and reviewing the process and outcome evaluations, data collection and shares positive information and addresses negative information resulting for those reviews

VTC Coordinator/Evaluator:

- Acts as the main contact person for the program, and works closely with the judge, probation officer, and treatment providers in overseeing the program's day-to-day operations
- Is contacted with questions the veteran could have about the VTC program
- Keeps track of court performance information and participant outcomes
- Assists the judge and other team members in educating stakeholders about the services provided by, benefits of, and challenges faced by the court
- Ensures timely updates of all MOUs, policies, and procedures including all manuals and brochures related to the court
- Maintains:
 - Weekly agenda to court team during court status meetings and staffing
 - Creates file on each court participant and updates the file regularly (weekly court staffing report)
 - Tracking spreadsheet for each participant of court attendance, incentives, sanctions, and service adjustments
 - All forms associated with a participant's involvement with the court such as a client's request for admission to VTC, the application, the client contract, ROIs, phase applications, request for graduation, and exit interview.
- Communicates with and maintains ongoing relationships with partner agencies and other community service organizations providing direct care services, and identifies and rectifies barriers to referrals, service delivery, and lawful and ethical sharing of appropriate and pertinent information

- Ensure confidentiality requirements are maintained
- May assist in soliciting resources such as tangible incentives for participants
- Represents the court to the community and stakeholders along with the other team members including the press, legislative and policy-maker sessions, and other forums
- Promotes training for court team members by forwarding training webinars and publications related to cultural competency, cultural awareness, recovery capital/management, treatment plans, addiction and addiction recovery, unbiased language, and other training deemed relevant to the ongoing recovery and success of the court's clients
- Participates in ongoing education related to addiction, alcoholism and pharmacology generally
- Maintain data collection
- Questions directed toward the criminal case are directed to the veteran's defense attorney
- Attends staffing and court

Assistant State's Attorney (ASA):

- Represents the State of North Dakota
- Assists in confirming eligibility - candidates meet lawful, safe, and evidence-based criteria
- Engages in a non-adversarial way with the defense attorney to support the veteran's success in the program while also ensuring public safety, including advocating for sanctions, consequences, and termination from VTC if appropriate
- Ensure informed consent, safeguard due process, advance equal protection, advocate for public interests, assist in drafting memorandums of understanding with treatment providers, and file motions or other legal documents in order to remove non-compliant participants
- Encourages success by encouraging participants to pursue recovery goals, expressing optimism for their success, and communicating concern for their welfare
- If a VTC participant contests a sanction or termination from the program, the ASA represents the State in a hearing to determine whether the sanction should be applied or the participant should be terminated
- Attends staffing and court
- Attends trainings that are offered if able to do so
- When able, assist in identifying possible funding opportunities
- Assists in disseminating information regarding VTC

VTC Defense Attorney:

- Will represent (or co-represent) the participant before and during their participation in the VTC program. In the case of joint representation, the defense attorney who serves on the team often handles the day-to-day issues that arise during treatment court participation; the participant's prior counsel may step in if the participant faces a potential jail sanction or discharge for non-completion of the program.
- Is the advocate for the participant to the rest of the VTC team and represents their legal interests, including in any contested hearing regarding the application of a sanction or termination from the program
- Should always be present when decisions are being made about rewards, service adjustments, sanctions, and other actions from the court, states attorney, or probation officer
- Safeguards due process, protects confidentiality, protects use immunity, and supports appropriate provisions of treatment and other rehabilitative services, and advances equal protection
- All orientation forms are to be signed in the presence of the participant's defense attorney or VTC defense attorney and discuss legal options with the participant in an unbiased manner
- Works with participant regarding their right to vote
- Attends staffing and court
- When able, assist in identifying possible funding opportunities and disseminate information about VTC
- Attends trainings that are offered if able to do so

Probation Officer (PO)/Community Supervision:

- Provides the participant with case management and supervision, and makes ongoing referrals that are consistent with the participant's case plan while they are in the VTC program
- Updates the rest of the VTC team on the participant's compliance with UAs, community supervision, non-VA-based treatment (e.g. domestic violence counseling, parenting classes, etc.), and important life events and notifies the team about relapse triggers and behaviors
- When applicable, the PO will be the liaison between the participant and any victim(s)
- Executes an initial LSI-R and follow-up six months later, ensures assessments are ongoing, and shares the outcome with the team
- Develops a working alliance with participants
- Will regularly be in contact with the participant via phone, email, and home visits to assess the participant's recovery environment

- When the participant meets with the PO, both of them will go over additional guidelines and develop a case management plan
- Encourages success, delivers copious praise and other incentives for their achievements
- Monitor compliance when the participant is required to do community service, or has a curfew or home detention
- Is the point of contact for requesting modifications to supervision conditions, such as travel permits and no-contact orders
- Advocates for prompt incentives, service adjustments and when warranted - sanctions
- Attends trainings that are offered if able to do so
- When able, disseminate information about VTC
- (Provides progress reports before staffing, attends staffing and court
-

VTC Mentor Coordinator:

- Recruit potential mentors from various organizations to include the Vet Center, local colleges, and Military Services Organizations ensuring a diverse composition of members, screen candidates, and select individuals to become mentors
- Ensures that recruited mentors exhibit qualities such as active listening, are empathetic, encouraging and supportive, and are tolerant and respectful of individual differences
- Supervise, and coordinate mentors with participants within the VTC
- Responsible for training selected candidates in skills to facilitate a mentoring session and skills specific to the VTC program, this includes educating team members and others about military cultural competence
- Responsible for individual and group supervision as well as scheduling mentors to be present during the court proceedings when requested by the presiding judge
- Coordinate all activities with the judge and court coordinator including developing and updating the resource manual that includes community resources for veteran mentors
- Works with the court coordinator to create files on court participants and record meetings between mentor and participant and periodically reviews those files
- Works with the court coordinator in developing, maintaining, and updating the mentor's manual
- When able, assist in identifying possible funding opportunities and disseminate information about VTC
- Provides mentor input during staffing
- Attends staffing and court

Volunteer Mentors:

- Be a veteran of one of the branches of the United States military: Army, Marines, Navy, Air Force, Coast Guard, Reserve/Guard, or Space Force Submit a valid DD214/NGB22, or DD215; or equivalent from another nation and may also be an active duty military member
- Act as a coach, a guide, a role model, an advocate, and support for the individual(s) being worked with
- Does not attend pre-court staffing sessions but attends court sessions when requested or if desire to attend
- Maintains confidentiality; however, disclosure of the information is allowed if the participant has explicitly consented to the disclosure or, in limited circumstances, if the disclosure is necessary to prevent an immediate and serious safety threat to the participant or others – these types of disclosures should be made to the treatment professional who will alert the team
- Is to encourage, guide, and support the mentee as they progress through the court process:
 - Listening to the concerns of the participant and making general suggestions
 - Assisting the participant in determining what their needs are
 - Acting as a support for the participant at a time when they may feel alone in a way that only another veteran can understand
- Assist with interactions with the Veteran’s Administration system
- Work with and be supportive of the other veteran mentors
- Be dependable, consistent, accountable, responsive, timely, do follow-up, and be organized
- Commit to program participation for (at least) six months and adhere to the policies and procedures set forth for the VTC program
- At a minimum, have recommended contact with your participant is as follows:
 - Weekly via phone, ZOOM, (or other computer platforms) or if preferred face-to-face.
 - Exception: if weekly contact is not feasible due to cell/internet reception, geography, schedules, or ongoing appointments, work out a schedule that accommodates both.
 - Face-to-face contact is recommended at least once every two weeks with the same exception as noted above.
 - If circumstances or schedules conflict with those arranged days/times, be open to rescheduling.
- Complete required training procedures and participate in additional training as encouraged to do so
- Attends team meetings as determined by the mentor coordinator
- Set boundaries so that there are no questions related to the mentor-mentee relationship. Such as:
 - Transportation to/from appointments or court

- Be situationally aware
- If providing transportation, keep your safety in mind and the consequences that could arise should you be pulled over by law enforcement
- Phone calls - for instance, set a time for when you will not be available to call
- Safety concerns
- Respect
- Privacy
- Clear expectations between you and your mentee
- Explain the difference between your role as a mentor and the role of a peer support specialist (persons who have the same lived experiences as a veteran and as a justice-involved veteran)
- That If they divulge they are going to hurt themselves or others you are required to report it, but be willing to guide them to help

Department of Veterans Affairs (VA) Veteran Justice Outreach Specialist (VJO):

- Conducts outreach with justice-involved veterans to connect them with VA healthcare, treatment, housing, and primary care
- Facilitate eligibility determination for services through the VA
- Provides assessments, referrals to the program and updates the court on the veteran's attendance and progress at treatment
- Identifies services for both substance abuse and mental health offered by the local VA Medical Center and other nearby VA medical centers
- Will also report urinalysis results to the court while the veteran is in treatment for a mental health or substance use disorder at the VA
- Attends trainings that are offered if able to do so
- Attends staffing and court when able to accommodate

Veterans Service Officers (VSO)/Grand Forks or Nelson County or approved county:

For veterans who have been discharged under a Bad Conduct Discharge or Dishonorable Discharge, these participants will need to reach out to the Veteran's Service Office for a review of their paperwork/discharge.

- Can help prepare and file federal disability claims with the VA
- Can help file new claims, reopen old claims, and appeal VA decisions, as applicable
- Can also connect the veteran with other available veterans' benefits and give information on community resources
- Assist with verifying veteran's status when requested
- Support the VTC program through public outreach

- Help build the mentor program
- Attends staffing and court when requested

Community Treatment and Service Providers:

- Each VTC participant will work with community treatment and/or service providers based on their needs and eligibility
- These agencies provide specific treatment or services based on the participant's needs. This can include but is not limited to domestic violence counseling, clean and sober housing, and parenting classes
- These treatment providers share treatment progress with the VTC team through the PO
- Recommends, and supports most therapeutic application of incentives, sanctions, and service adjustments and that these are given on a consistent and fair basis
- Attends staffing and court when requested or believes it is necessary to do so
- Attends trainings that are offered or able to do so
- When able, assist in identifying possible funding opportunities and disseminate information about VTC

Active Participation in Practicing Motivational Interviewing by All Team Members

- Practices active listening
- Asks open-ended questions which can lead to mutual understanding between the team members, mentors, and the participant,
- Is open-minded, expresses empathy, remains calm and supportive, focuses on conduct not traits,
- Avoids stigmatizing language
- Explains decisions
- Expresses a therapeutic motive – assuring the participant that the team believes the person can get better and is optimistic about their future

Shared Decision-Making and Conflict Resolution Process

The treatment court team shares common visions and goals as well as resources, authority, and responsibility for team actions. There is collective ownership of the team's success and challenges. The team will strive for consensus or the "collective agreement" of the group, keeping in mind that a high degree of variation is still possible among team members and recognizing the unique role of public defenders. Genuine consensus typically requires more focus on developing the relationships among team members so that they work together to achieve agreements. Consensus is not a democratic vote. Team members continue talking and listening until an understanding has been reached. Each team member agrees to follow up on team decisions with

actions, as needed. If there are instances in which a consensus cannot be reached and a decision is required, the judge will make the final decision.

Administrative Committee

The administrative committee will be comprised of the district (presiding) judge, ASA and defense attorneys, the Department of Correction's representative, the VA Veterans Justice Outreach officer (VJO), the Veterans Service Officer (VSO), VTC mentor coordinator, and VTC coordinator. This committee would convene in the event of policy changes, or when determined there is a need to hold a meeting of the committee.

Who is eligible to participate in the Veterans Treatment Court?

Persons seeking admission into the Northeast Central Judicial District – VTC must meet the criteria established by the VTC Team:

Eligibility Criteria

- ❑ The prospective participant is either a current or former member of the Armed Forces (Navy, Marines, Army, Air Force, Coast Guard, and Space Force) including the Army or Air Force National Guard or Reserves; or equivalent from another nation
- ❑ The Veterans Justice Officer (VJO) will confirm eligibility for VA benefits for former military members who meet eligibility requirements. If he/she is eligible for VA care, but hasn't completed the application for the disability claim, the veteran is highly encouraged to reach out to their local Veterans Service Office to start that claim.
- ❑ If the former military member isn't eligible for VA care, they will be directed to Northeast Human Services to determine the level of care and to receive assistance.
- ❑ If a current service member, they must be available to participate for at least 18 months and must disclose any Permanent Change of Station or deployment orders
 - Being active duty does not exclude them from participation in the VTC; however, their command VTC team members will need to ensure that they will be "reasonably available" to participate in the program.
- ❑ Must be currently residing in the Grand Forks or Nelson County, or if in another county approval by the presiding judge, and able to comply with the program requirements
- ❑ Must be determined to need treatment for either mental health and/or chemical dependency/substance use
- ❑ Cannot have any other criminal charges or holds that will interfere with treatment
- ❑ Must be determined to be high-risk/high need based upon appropriate assessment tools such as an LSI-R assessment or AUDIT assessment or both, or someone whose assessment scores determine they are at moderate-high risk/need – the court will review the moderate-high risk/need on a case-by-case basis
- ❑ Must agree to participate in and be subject to the expectations, regulations, and sanctions of VTC
- ❑ Must be amenable to treatment and motivated to participate in the program
- ❑ Must agree to sign a limited release of information forms to allow communication between the VTC, the VA/medical professional/treatment

providers, and the Department of Corrections and Rehabilitation Probation Officer for the duration of the program

Target Population: Screening, Admission, and Intake Process

- ❑ Law enforcement report is filed with the State's Attorney Office (SAO)
 - VTC program brochure will be available at all initial contact locations to distribute to the defendant at the time of their arrest
 - Any adult defendant arrested on a non-violent criminal offense such as murder, manslaughter, kidnapping, (felony) domestic abuse, aggravated/first/second-degree burglary, or other charges of a violent manner or cases with a mandatory or presumptive prison sentence) who is also a veteran/service member can request, through their attorney, that they be screened for entry into VTC before their final dispositional conference. The defendant may contact the VTC coordinator regarding VTC and the screening process required for admission and acceptance into the VTC
 - Some defendants may be eligible for multiple different specialty courts, including DV Court, Adult Drug Court, and VTC. In that case, VTC should consider which specialty court is best suited to meet the veteran's treatment and rehabilitation needs, recognizing that VTC may not be the right answer for every eligible defendant. VTC should encourage other specialty courts to determine the veteran status of new applicants and to consider whether VTC may be the best option for any eligible defendants."
 - Defendant will meet with their attorney before being released from custody to receive VTC information and complete the required paperwork. The defense attorney or VTC coordinator will:
 - Review the VTC Participant Program Handbook with the defendant
 - Have the defendant sign the appropriate releases
 - Make an appointment with the VA-Veterans Justice Officer (VJO), or community partner, for a Substance Use Disorder Assessor. Provide substance use disorder assessor a copy of the citation/complaint, arrest report, release order, the release of information form, and notice of the next court date
 - Substance use disorder assessment will be returned to the VTC team within 72 hours, if feasible, but no later than 14 days of referral
 - Defendant will follow all conditions of release set by the court
- ❑ An eligible defendant must apply (with assistance from their defense counsel, if represented) for entry into the VTC to the VTC coordinator along with a DD214, NBG 22, or DD 215 and confirmation of mental health and/or chemical

dependency or substance use diagnosis; if no DD Form 214, NGB 22 or DD 215 (e.g. Reserve member), contact the local coordinator of the Veterans Services Outreach Program

- ❑ If the former military member's discharge type is not under honorable conditions and treatment is not available through the VA, the defendant can be screened by a local treatment provider for care. Determination of VTC participation, in this instance, will be made on a case-by-case basis.
- ❑ Once the application is received by the VTC coordinator, a Level of Service Inventory - Risk (LSI-R) is completed (if there is no prior score is available) or an Alcohol Use Disorder Identification Test (AUDIT)); if no prior scores are available, the prospective participant will be scheduled for the assessment(s) to determine acceptability into the program. If the AUDIT score for alcohol is eight or greater, an LSI-R will be completed. An LSI-R is completed for those applicants who have a substance use disorder. The applicant needs to know honesty is required at all times during this screening process and if falsified information is provided, an applicant may be disqualified
- ❑ Upon completion of the requested assessment, the application, DD214, NGB 22, or DD 215, or appropriate discharge paperwork for members of other nation's military services, mental health and/or chemical dependency/substance use diagnosis, the assessment results are shared with the VTC team for review of potential admission into the program
- ❑ At preliminary staffing, the VTC team determines whether the applicant should be offered conditional admission into the program based on the paperwork submitted to the VTC, and charges and risk/need were reviewed.
- ❑ The VTC coordinator will advise the applicant's defense attorney and the State's Attorney Office (SAO) of the VTC team's decision to conditionally admit (or deny admission) to the applicant. With this information, the applicant's defense attorney and SAO may engage in plea negotiations to determine whether the applicant is prepared to plead guilty to the charge(s) and/or whether the SAO is prepared to support admission into VTC as an appropriate sentence.
- ❑ Conditional admission into VTC does not require the SAO to offer VTC as a resolution in plea negotiations, nor does it guarantee that an applicant will be sentenced to VTC
- ❑ If the applicant's attorney and SAO reach an agreement that includes VTC as a recommended criminal sentence (or if the applicant chooses to enter a guilty plea without reaching an agreement with the SAO as to a jointly recommended disposition), the applicant will appear in court for a change of plea hearing, enter a guilty plea, and upon agreement by the sentencing judge, be sentenced to VTC
- ❑ At the next VTC hearing date, the applicant appears to begin the VTC program. The judge and VTC team will welcome the participant to the VTC program and introduce the applicant to their volunteer veteran mentor for the court if one is assigned

Progress Reports

VTC participants will be required to appear in court weekly unless the court is canceled by the presiding judge, or if a holiday falls on the designated court day. At each appearance, the judge will be given a progress report prepared by their probation officer regarding the participant's appointments attended, drug/alcohol use history, assessment/evaluation results, treatment history/status, drug test results, and personal activities (living arrangement, employment status, education status, and family status).

The judge may ask questions about or discuss the participant's progress. Excellent reports mean that the participant may progress through the program more quickly. Failure to comply with any of the requirements may delay phase advancement or graduation.

Journal entries should reflect the recovery journey, how you felt in the moment during an event, and how addressing those feelings helps in recovery. These entries can be related to how you're progressing through the goals you've established for each phase.

Learning essays/assignments can be assigned for topics associated with time management, "thinking" type assignments such as identifying risk factors for symptoms, and development of better problem-solving skills, or can be associated with one or more of the steps noted within each phase. These essays can also be associated with developing healthy boundaries, asking for help, communicating, developing a budget, or other topics associated with recovery capital.

The goal of the VTC is to help participants achieve long-term sobriety and lasting recovery, which is the process of change through which participants address their individual treatment needs, whether substance use, mental health, or trauma, to avoid contact with the criminal justice system to improve their health, wellness and live self-directed lives.

Failure to Appear

Failure to appear in court on the date and time the participant is scheduled may result in a warrant being issued for their arrest. If they cannot appear in court on their scheduled review date, they must notify their probation officer before the miss. If they have an emergency, they must notify their probation officer as soon as possible to avoid a sanction. Participants can also call the VTC coordinator, if unable to reach their probation officer.

Termination from the Program

Non-compliance with program requirements could result in a participant's termination from the Veterans Treatment Court (VTC) as noted on their signed client contract. If the decision is made to terminate a participant, the participant has the right

to consult with the defense counsel and appeal the decision. Non-compliance violations that could result in termination include:

- Repeated contact with law enforcement
- Charged with new criminal charges/arrests
- Continued positive UAs
- Repeatedly missing drug tests
- Repeatedly missing treatment and/or supervision appointments
- Repeatedly breaking the program expectations or other conditions of the participant's criminal judgment
- Violence or threats of violence directed at other participants, treatment VTC team members, members of the community, victims, or other VTC team members
- Have exhibited violent behavior or threats of violence toward self or others, or displayed inappropriate, disruptive behavior, or failed to cooperate with programming
- Have refused to satisfactorily participate in program requirements
- Have violated program expectations
- Leave or take off from the program to evade the legal process
- If terminated and on probation, a participant's probation may be revoked and re-sentenced

Participants who have been terminated from VTC for non-compliance, and are arrested on new charges may apply for re-admission to VTC. However, re-admission is determined on a case-by-case basis, and there is no guarantee of re-admission. The VTC team will consider the participant's previous actions while in VTC and will consider the recommendations of the State Attorney's Office.

Withdrawal or Discharge from the Program

If you decide that the VTC is not the right program for you, you can withdraw your application any time before entry of the plea, and your case then will proceed to regular court hearings until resolved. Withdrawing from the program after you are sentenced to VTC may be considered a violation of probation and subject you to revocation and re-sentencing.

Participants can face possible discharge from VTC will receive a due process hearing. Discharge can be the result of you:

- posing a serious and imminent risk to public safety that cannot be prevented by the VTCs best efforts,
- being unwilling or have repeatedly refusing or neglected to receive treatment or other services that are minimally required for someone to achieve rehabilitative goals and avoid recidivism

Defense counsel clarifies in advance in writing with you and other team members what consequences may result from voluntary withdrawal from the program and ensures that you understand the potential ramifications of your decision.

Court Related Financial Obligations

Any VTC participant with court-related financial obligations (e.g. child support, restitution, crime victim's fund, and public defender fees) will make court-approved payments to the Clerk of Courts on a regular schedule and provide VTC team members with payment documentation. If they cannot make payment, they will need to discuss the situation with their attorney, or the Clerk of Courts, or their probation officer before the payment's due date and, if possible, other arrangements will be made.

General VTC Expectations

- ❑ All participants reside in Grand Forks or Nelson County, or reside in another county upon approval of the presiding judge, throughout the entire Veterans Treatment Court (VTC) program:
 - Unless permission for alternative living arrangements is granted by the VTC team
 - Be able to access services in Grand Forks, or those approved for access by the court
 - And attend court proceedings in the Grand Forks metropolitan area unless permitted to attend via ZOOM
- ❑ Participants will be actively involved in weekly court attendance, treatment, meetings, community service work, and reporting to their probation officer
- ❑ Attend all court-ordered programming requirements.
 - This includes probation meetings, individual and group counseling, educational sessions, and other treatment as directed.
 - Missed programming will result in a sanction
- ❑ Be accountable for all activities.
 - Participants are responsible for recording all appointments and significant events such as work, family appointments, and community recovery events
- ❑ Be on time.
 - If a participant is late for appointments or treatment, they may not be allowed to participate and will be considered non-compliant.
 - Participants must communicate in advance if there is a possibility that they may be late
- ❑ Turn off all cell phones, remove hats upon entry into the court, and no food or beverages in the courtroom (unless provided by the court)
- ❑ Do not make threats, or behave violently, toward other participants or VTC team members.

- Violent or inappropriate behavior will not be tolerated and will be reported to the court.
- This behavior will result in a sanction and/or termination
- ❑ Attend all scheduled VTC sessions.
 - Participants must attend all court sessions as directed by the judge or PO
 - Participants must dress appropriately for court. Clothing bearing drug or alcohol-related themes is considered inappropriate.
 - They must remain in the courtroom for the duration of the court hearing unless the judge or other team members permit them to leave
 - Be attentive and cooperative as the purpose of being in court is to gain and provide knowledge and support from their fellow participants.
 - Do not have side conversations; this is distracting and disrespectful to their fellow participants and the court.
- ❑ Rescheduling:
 - If they miss any scheduled appointment, they are responsible for rescheduling it! They may not be contacted to reschedule. Failure to do so may result in a service adjustment, or sanction or termination (see page 20)
- ❑ Always tell the truth.
 - Overcoming substance use disorder is not easy. This will take the participants' best efforts.
 - Always remember that the result is to assist in maintaining a clean and sober life.
 - Dishonesty involved in any violation will result in a harsher sanction.

Specified Expectations for Participants

The following expectations apply through **ALL** phases for all participants:

- ❑ Attend all court hearings
- ❑ The goal of the VTC is to help participants achieve abstinence from intoxicants
 - Drugs prescribed by a medical professional must be verified through written notification by the prescribing medical professional i.e. doctor, nurse practitioner, or physician assistant
 - Consumption and possession of alcohol, marijuana, or non-prescribed drugs could immediately result in termination from the program. Marijuana authorizations or prescriptions are not accepted in the VTC program unless the presiding judge has agreed to authorization
 - Participants are not to possess or consume mood-altering chemicals or drugs not currently prescribed by a physician and that are beyond their expiration date or no longer refillable
 - “Possess” means to have on their person, in their home or vehicle, and includes constructive possession

- Misuse of over-the-counter and prescription medications is prohibited
- Prescription medications must be verified by the Veterans Treatment Court (VTC) coordinator and approved by the VTC team
- This includes alcohol and any substance containing alcohol (including “non-alcoholic” beer, cough syrup, and mouthwash)
- ❑ Submit to urinalysis/breath/sweat/saliva test as ordered.
 - Participants will be tested throughout the entire program. Participants will be tested frequently and randomly.
 - Any abnormal drug test will be considered a positive and may be sanctioned.
 - Multiple positive missed, or abnormal tests could result in termination from the program.
 - Tampering which includes use of anyone else’s urine, substituting urine, water loading, or attempting to chemically alter a drug test is grounds for termination
- ❑ A positive EtG/EtS test above the established threshold will constitute a positive test by either use or contact with a product that contains alcohol.
 - Any positive test is considered a violation of the VTC expectations and a sanction will be imposed by the VTC such as being held in phase until a negative test is submitted
- ❑ Participants refusing to submit to a drug/alcohol test will be considered positive and a sanction will be imposed
- ❑ Return ALL phone calls by VTC team members. After curfew hours they must return phone calls within 10 minutes or it will be a violation
- ❑ Participants have 60 minutes to produce a urinalysis drug test or it will be considered a violation. The testing official does not have to allow the one-hour expectation if:
 - Participant behavior is assaultive, confrontational, abusive, or they verbally indicate a refusal to produce a sample
 - There is medical documentation of the offender’s inability to comply with a request for a urine sample; or
 - The tester can articulate another reason for not waiting one hour
- ❑ Signed releases of information (ROI) will be needed by the court
- ❑ Weekly journal entries are required within each phase.
 - Entries should reflect more than day-to-day activities
 - Entries should be connected to your journey toward recovery such as reconnecting with family, or things that are helping you along the way
- ❑ Mentor contact:
 - At a minimum, it is recommended that there be contact every other week, but weekly contact is preferred, via phone, ZOOM, or other computer platforms, and face-to-face at least once every two weeks;
 - Exception: if this is not feasible due to geography, schedules, or ongoing appointments, work out a schedule that accommodates both of you.

- If a scheduling conflict arises with those arranged days/times, contact your mentor to reschedule.
- ❑ Are required to have a picture I.D. and must be shown to law enforcement officers upon request
- ❑ Participants must report any changes of residence before moving or changing their telephone number
- ❑ Report changes in their work schedule or employment status immediately to the VTC coordinator
- ❑ **BE ON TIME!**
 - Participants must contact the VTC coordinator if there is a possibility that they may be late for court or their scheduled appointments such as treatment
- ❑ Random home and work visits will be made *anytime* day or night, without prior notice
- ❑ Participants must supply information about their work schedule, school schedule, and any other appointments scheduled as requested
- ❑ When subject to a curfew, they must ask permission at their weekly court hearing for an extension to be approved
- ❑ VTC team members will be making contact with participant's significant others, family, employers, physicians, therapists, treatment facilities, and others
- ❑ Participants must obtain prior approval from the VTC team for in or out-of-state travel.
 - This form must be completed and submitted to your Veterans Treatment Court coordinator seven days before traveling within the state and two weeks before traveling out of state (except in emergencies)
- ❑ Remain law-abiding
- ❑ Inform their treating physicians that they have a substance use disorder and that they may not take narcotic or addictive medications or drugs
- ❑ Do not associate with people who use or possess drugs or alcohol
- ❑ Do not make threats, or behave violently, toward other participants or VTC team members
- ❑ Employment/education requirements
 - This may be accomplished by actively seeking or maintaining employment, attending school/job training, performing unpaid alternative community work assignments, raising children under the age of eight, or other activities approved by the VTC team
 - participants are expected to perform 40 hours of structured activity per week unless disability prohibits participation
- ❑ Abide by all other expectations and regulations imposed by the VTC team

Treatment and Compliance Management

All Veterans Treatment Court (VTC) participants will be involved in an evidence-based treatment approach that measures treatment effectiveness and outcomes. Case management is part of compliance; it is part of the force that holds together the court's various elements and is the framework around which the VTC process can credibly and effectively operate. This means linking the participant to relevant and effective services that are monitored, connected, and synchronized. Key performance indicators measure the number of days from entering treatment court to attending the first session and subsequent sessions involving the participants' progress in treatment, drug and alcohol testing, and the outcomes of those treatments and testing.

The following partners are the primary contacts for assisting in correlating the number of sessions of treatment received with outcomes:

Veteran Affairs:

Treatment options including substance abuse and/or mental health may be provided by the Fargo VA depending on eligibility and therapeutic need. If necessary the participant can be referred to the community for services. All participants are expected to comply with treatment recommendations while active in the Veterans Treatment Court (VTC). All participants are required to meet with the Fargo VA Veterans Justice Outreach (VJO) Coordinator to complete a clinical needs assessment before starting VTC. The VJO Coordinator can assist with eligibility-related questions and appropriate referrals. Appropriate referrals may include substance abuse, mental health, medical, housing, employment, etc.

If the VTC participant is eligible and wants to seek substance abuse services through the Fargo VA they will be required to complete a Substance Abuse Treatment assessment with a member of the Substance Abuse Treatment Program (SATP) and follow the recommendations of that assessment. If the participant is eligible and wants to seek Mental Health services with the Fargo VA, they would complete a Mental Health assessment with a Mental Health provider and follow the recommendations of that assessment.

The Fargo VA cannot provide medical services to incarcerated veterans, except Veterans Justice Outreach services, or veterans seeking a Chemical Dependency evaluation for license reinstatement. If a recommendation is made by a Fargo VA staff member for a participant to engage in a service that meets the criteria for a community referral, this may be an option and can be discussed with the VTC team.

The VA also provides services through local community-based outpatient clinics (CBOC). The VA provides care to Veterans through community providers when the VA cannot provide the care needed. Care is based on specific eligibility requirements, availability of VA care, and the needs and circumstances of individuals.

Participants understand that by signing the ROI for the VA, they are agreeing to the VA releasing information related to drug/alcohol issues protected by CFR 42 and that the ROI's expiration date is six months after graduation.

Northeast/South Central/Southeast Human Service Center:

Open access to all allows persons to enter services on the day they are ready to engage in services. Clients will be screened to determine that the Northeast/South Central/Southeast Human Service Center is the correct location for service delivery. If eligibility is met, the client will see a qualified professional for an integrated assessment.

All services will begin with an integrated assessment to determine diagnosis and function. Eligibility for services will be determined based on medical necessity and the level of care determined necessary for an individual to attain recovery.

An assessment at the beginning of the service delivery allows for the client's needs to be determined with one comprehensive evaluation to determine the psychological and emotional state and the current level of functioning including dual conditions of mental health and substance abuse.

If clients do not meet service level criteria at a Northeast Human Service Center, they will be provided information about community partner agencies that can provide them with the desired service. If the priority level is not met, the triage VTC team members will assist with recommendations to the community such as Spectra (<https://spectrahealth.org>) or Ideal Options (<https://idealooption.com>), for services related to other needs. Individuals will be given a list of all known applicable resources without regard to relationships between private practitioners and the agency. Assistance will be provided in scheduling an appointment with a community agency if the clients desire assistance.

If the participant is receiving care from a community provider such as Agassiz Associates, Ideal Options or others, the participant will sign an ROI allowing the VTC to receive information related to those treatments and their outcomes.

Attendance and Compliance

Attendance and treatment compliance are required. Participants are responsible for attending all scheduled appointments. Missed treatment sessions must be excused by the appropriate treatment agency and the participant's probation officer. Participant attendance and level of participation at counseling sessions will be reported to the VTC team as part of their progress reports. Participants must contact their treatment agency if unable to attend or will be late for a scheduled session. Unexcused misses could result in sanctions.

Confidentiality

All client records are protected by federal and state laws regarding confidentiality. These laws and regulations are designed to protect the privacy rights, of patients, and to attract people into treatment. The regulations restrict communications more tightly in many instances than, for example, either the doctor-patient or the attorney-client privilege (USC § 290dd-3 and ee-3 and 42 CFR Part 2 and 42 CFR §2.12 (e)).

The VTC cannot release written or verbal information without a participant's written, signed consent. However, participants cannot participate in VTC without a "Release of Information" which allows the VTC team to discuss their case and progress. Persons outside the VTC team will not be provided information about the participant or their program progress. An ROI or approval by other court clients is required should you desire to have someone other than the VTC team, community partners, or mentors be able to observe court proceedings. There may be an additional emergency or legal circumstances that may require the release of information, such as:

- The disclosure is allowed by a court order or for an audit
- The disclosure is made to medical personnel due to a medical emergency
- The client commits or threatens to commit a crime
- The client is suspected of child abuse or elder abuse
- The client is threatening suicide or homicide.

Anything the participant says concerning their prior or current drug use while in the VTC program cannot be used against them in the prosecution of their case. However, their statements and information about their treatment will be shared with the judge, their treatment agency, probation officer, court coordinator, the SAO, VTC team members, their attorney, and anyone else on the VTC team. This information may be used to evaluate their current compliance with the program and to determine appropriate treatment and other services.

A general medical release form, or any consent form that does not contain all of the elements noted above and herein, is not acceptable.

Participant Rights

Participation in the VTC program is voluntary. Participants will be informed of changes in the program, expectations, and policies as early as possible. Their participation and feedback in the program are encouraged. Equal treatment and services will be delivered without regard to race, color, sex, sexual orientation, religion, national origin, ancestry, or physical disability.

Following an overall assessment, the treatment team will develop a plan that will act as a guide for the initial treatment phase. The plan will be maintained by the treatment provider and will be updated as the individual progresses through the program.

Drug and Alcohol Testing

Participants will be tested during all five (5) phases of the VTC program. As they progress through the program, testing could be required on a random, less frequent basis. The VTC team will have access to all drug test results including any failures to appear or produce. Any failure to appear, failure to produce a sample, or any result that indicates a sample was diluted or not consistent with a human specimen will be subject to the same sanctions as if the result were positive.

Cannabinoids (a byproduct of marijuana) are lipid soluble and therefore may persist in a participant's body despite the cessation of use. Upon entry into the VTC, participants will be given a baseline cannabinoid urine test. VTC will consider the first 30 days of enrollment as a grace period. After 30 days, subsequent positive tests will be treated as evidence of new cannabis use and may be therapeutically responded to. Once a participant has produced two consecutive negative cannabinoid urine specimens, a subsequent cannabinoid positive test will be interpreted as new use, even if occurs less than 30 days from the baseline cannabinoid urine test.

Participants may be tested a minimum of twice per week until the final phase of the program. The frequency of drug and alcohol testing shall not be reduced until other treatment and supervisory services have been reduced and relapse has not occurred. At the discretion of the VTC team, the testing frequency for participants identified as non-chemically dependent may be reduced at the discretion of the team.

Drug and alcohol testing scheduling and frequency will be determined mainly by the phase the participant is in. Probation agents and/or the VTC team may request drug testing frequency changes based on violations, assessments, and/or treatment recommendations. For participants who are not diagnosed with a substance use disorder, their testing frequency may be less frequent than participants diagnosed with a substance use disorder.

One goal of the VTC program is to help them achieve total abstinence from illicit or illegal drugs, however, a positive test will not automatically terminate them from the program. The VTC team will be reviewing this positive test in the context of their overall performance in the program.

Medications

As a part of a participant's treatment, the Veterans Health Administration may make recommendations for medications. Participants will need to speak with the medication prescriber if they have concerns about these medications.

The VTC program is supportive of Medication-Assisted Treatment (MAT), such as synthetic opiate treatment plans and medications used to control alcoholism. Participants are only to take medications prescribed to them and any unauthorized use of medications will be addressed with the VTC team.

Treatment Plans

Evaluate treatment plans using the ACCEPT Model Checklist as structured by the American Society of Addiction Medicine:

- ❑ Assess: What is and is not working in the treatment plan
 - Are the strategies too difficult?
 - Is the participant using it?
 - Determine what circumstances attributed to the substance use, angry outburst or missed appointment
 - Were the interventions good strategies? If not, why?
 - Were we observant to the behaviors that signaled the flare up that is (now) affecting success
- ❑ Change: The treatment plan to address those identified problems or priorities
 - Identify(ing) people, places or things that led to the substance use
 - Is the participant willing and able to change in the treatment plan?
 - Do goals or strategies need to be changed to move in a positive direction?
- ❑ Check: The treatment contract if the participant is reluctant to modify the treatment plan
 - Is the work that needs to be done placed on the participant rather than the mentor, probation officer, or other team member?
 - Is the participant going through the motions as an appeasement, or are they truly interested in treatment?
 - Do participants actively engage in figuring out changes to their treatment plan?
 - Sharing their plan with supporters before it is needed
- ❑ Expect: Effort in a positive direction – “do treatment” not “do time”
 - Is there a good faith effort being put forward on the new treatment plan by the participant?
 - Or is the participant passively following the lead being modeled in the treatment plan changes?
 - Ability to identify early warning signs and make a plan that responds to those warning signs
 - Ability to identify signs that things are breaking down or getting worse and take immediate, intensive, structured, and direct action
- ❑ Policies: Maintain policies that permit mistakes and honesty rather than zero tolerance.
 - Institute policies that permit clients to be open and honest
 - Institute policies that allow participants to learn how to take responsibility for protecting their environment from drug use and triggers

- ❑ Track: The client's outcomes functional change rather than compliance with VTC.
 - Track participants' actual work on attitudes, thoughts, and behaviors that contributed to problems in relationships, employment, child care, public safety, or school.
 - Participants should be able to explain what attitudes, thoughts, and behaviors they are working on

Support Group Meetings

Attendance will be required at support group meetings at the Vet Center, VA, SMART Recovery Groups, Mindfulness Group (VA), Veterans Center, or other locations of a participant's choice as approved by the VTC team such as group therapy, Northeast (or South Central or South East) Human Service Center, and contracted support groups such as Mountainbrooke Recover Center. The number of times a participant must attend per week changes by the VTC team or treatment provider. The purpose of attendance at support group meetings is for the participant to develop a support network and create social bonds with others in recovery. Their probation officer, treatment provider, or VTC coordinator can assist them with locating meetings close to their work or residence. The participant's treatment provider may also provide several support groups at their facility each week. Proof of attendance may be requested by the probation officer and/or treatment provider.

Counseling

Counseling may include individual, group, and/or family formats. As part of the treatment plan, participants must engage in all recommended programming. Attendance at programming is mandatory and will be reported to the judge as part of the progress report. Permission must be obtained to be excused from a programming session. Failure to obtain permission to miss treatment may result in sanctions.

Therapeutic Alliance and Clinical Stability

While the therapeutic alliance is part of building trust and cooperation between participants and treatment providers, it is also part of the relationship between the participants, the court staff, and the veteran mentors. This trusting and cooperative relationship is a factor in the effectiveness of therapy and court interactions and plays an essential role in the therapeutic process. This alliance enhances engagement between the participant and the court and assists in fostering a sense of safety and trust. The supportive environment of the court which helps participants to explore their thoughts, feelings and behaviors leading to positive outcomes. Key elements are: establishing rapport, having goals that are agreed upon and worked on as a team, and collaborative

in the respect that by working together a strong treatment plan can be developed and implemented.

Clinical stability is when a participant no longer experiences clinical symptoms that are likely to interfere with their ability to attend sessions, benefit from interventions and avoid substance use, including withdrawal symptoms. Effectively, participants do not experience: persistent substance cravings, or the inability to feel pleasure, or impulsivity/stress reactivity, or acute mental health symptoms like depression or anxiety, or cognitive impairments.

Treatment and Recovery Management

Central to treatment is that participants collaborate with their treatment providers or clinical case managers in setting treatment plan goals and choosing from among the available treatment options and provider agencies including counseling either at the individual level or the group level. Part of this collaborative effort is the continuum of care to ensure participants receive treatment for substance use, mental health, trauma, and co-occurring disorders as well as other needed services. Care should be sufficient enough to meet participants' identified service needs, including inpatient, residential, intensive outpatient, outpatient and co-occurring disorder treatment, medication management, and recovery housing services.

Additionally, staff work to connect participants with recovery support services and recovery networks in their community to enhance and extend the benefits of professionally delivered services. This can include helping participants access needed services and resolve access barriers and pairing participants with a peer recovery specialist or veteran mentor to provide needed support and advice. These services are offered once the participant is motivated for and prepared to benefit from the interventions.

Recovery Capital

Recovery capital encapsulates resources (social, physical, human, and cultural) that are necessary to begin and maintain recovery. Recovery capital produces feelings of empowerment, and well-being, helps in establishing a quality of life, and increases connectedness. By developing sustained recovery capital resources, clients would be able to think beyond the "temporary" structure of the court so that participants understand they have created meaningful pathways of connectedness that add to the participants' lives.

Voting Rights

Participants should be aware that pleading guilty to a felony charge may result in the loss of certain civil rights like the right to serve on a jury, vote, hold elected office, and possess a firearm. For example, the State of North Dakota's Constitution North Dakota Century Code § 12.1-33-01(1) states a person convicted of a felony is disqualified to vote while incarcerated. There only needs to be a finding of guilt, not the imposition of a sentence. Voting when not qualified can result in a felony charge. Work with your attorney regarding reinstatement of your right to vote.

Employment

Unless their disability prevents employment, participants may be required to obtain and maintain full-time employment throughout their involvement in the program. Participants will be permitted to change jobs while in the program; however, VTC team members must be notified and approve the change before it takes place.

Consideration will be given to going to school. Participants may still be expected to obtain part-time employment if going to school to achieve a 40-hour workweek. The 40-hour workweek shall consist only of job searching, actual work hours, and school hours. Other types of programming such as treatment, community support meetings, or meetings with their probation officer are not part of the 40-hour workweek expectation.

Vocational/Job Training Component

Participants with less than a high school degree or GED and those who are unemployed or underemployed will be expected to work on developing their skills. Areas in which the VTC coordinator/team may be able to provide you with assistance include:

- Assessment of current skills
- Aptitude and interest testing
- Development of a personal action plan
- Life skills seminars
- Adult education referrals

Fine/Fees/Program Fees

Participants are responsible for paying all restitution fines/fees assessed as required to be paid to the district court before graduation as well as program fees assessed by the treatment provider(s) if applicable. Participants should speak with their probation officer, or attorney if they are not able to meet the required payment schedule. All fees are to be paid to the Clerk of the District Court. If the participant is

facing a financial burden with their fees, they should discuss this with their probation officer for further review by the VTC team and judge. Fees associated with probation are paid to the Probation Office.

Program Phases

Goals:

Within each program phase, participants establish goals to achieve within a particular phase and throughout the entirety of their time in Veterans Treatment Court (VTC). Achievable goals are related to proximal goals, distal goals, and managed goals which are specific, measurable, achievable, relevant, and time-bound (SMART) structured goals. Goals are realistic, desirable, tangible, and intangible (such as emotional well-being), and afford the opportunity for reward.

Proximal goals are goals that can be achieved in the short term and sustained for a reasonable period of time such as attending counseling sessions or delivering valid drug test specimens. Other goals related to proximal center on attendance and truthfulness.

Distal goals are goals that are difficult to accomplish currently such as succeeding at a job, earning a GED, or remaining abstinent from drugs or alcohol. Other distal goals are related to responding to treatment or having an attitudinal change (i.e. positive attitude) or developing good problem-solving skills. Distal goals are used as part of obtaining and maintaining early remission from substance use (defined as at least 90 days).

Managed goals are goals that have been achieved and sustained for a reasonable time. Goals in this area for example are attending scheduled group counseling sessions for several weeks and actively participating in group sessions.

Adjustments:

Supervision/service adjustments rather than sanctions are used to help participants meet these types of goals. Supervision can be increased when necessary to provide needed support, ensure that participants remain safe, and monitor their recovery obstacles helping them to develop better coping skills, testing and contact hours can be increased, home visits can be required, and a curfew could be implemented.

Adjustments can be made to treatment predicated on recommendations from qualified treatment professionals. These adjustments can include increasing the frequency of counseling sessions, implementation of harm reduction strategies, reporting daily to treatment, or an increase in home visits by supervision.

Service adjustments can include evidence-based health risk prevention if authorized, community service hours increased, learning assignments such as thought journaling and daily activity scheduled to help participants achieve distal goals, and

extension in phase. These adjustments assist in psychosocial stability such as stable housing, reliable court attendance, and the development of therapeutic alliance.

Incentives:

Incentives for reaching proximal goals can range from verbal praise to certificates of achievement to drawing out of the crew canteen and are delivered for all accomplishments as reasonably possible. During the first two phases, these incentives can be awarded for attendance at every appointment, truthfulness (especially concerning prior infractions), and participating productively in counseling sessions. Once achieved or managed, the frequency and magnitude of incentives may be reduced; though intermittent incentives continue to be delivered for the maintenance of important managed goals. Crew canteen, change in curfew, and decrease in drug testing are also incentives that can be delivered to participants showing progress. Other incentives that can be delivered during later phases are decreased drug testing, reduction in contact hours with probation or home visits, change in curfew status (if on curfew), and out-of-town travel (if approved).

Sanctions:

Though not typically implemented, sanctions can be placed for concrete and observable behaviors (not for subjective attitudinal traits), the participant receives clear advance notice of the behaviors that are expected of them and those behaviors that are prohibited such as violent behaviors. Jail sanctions are imposed only after verbal warnings and several low-and moderate-magnitude sanctions have been unsuccessful in deterring repeated infractions of proximal goals or when participants engage in behavior that endangers public safety (the judge finds clear and convincing evidence that jail custody is necessary to protect the participant from imminent and serious harm and the team has exhausted or ruled out all other less restrictive means to keep the person safe).

Phase Advancement:

Phase advancement occurs when participants have managed well-defined and achievable proximal goals that are necessary to accomplish the more distal goals. Focus is on providing structure, support, and education; assisting participants in achieving and sustaining psychosocial stability and assisting in resolving ongoing impediments to service provisions; assisting in ensuring that participants follow a safe and prosocial daily routine, learn and proactive prosocial decision-making skills and apply drug and alcohol avoidance strategies. Phase advancement assists in teaching participants preparatory skills (such as time management, job interviewing, and personal finance) needed to fulfill long-term adaptive life roles and help them to achieve early remission

from their substance use or mental health disorder. Additionally, the focus assists with engaging the participant in recovery-support activities and assisting them to develop a workable continuing-care plan or symptom recurrence prevention plan to maintain their treatment gains after being discharged from the VTC.

Phase sobriety days may be stopped when a positive UA test, SCRAM or 24/7 missed check-in as is noted by their probation officer or designated individual within each phase of the program. The number of days “stopped” will be determined by the VTC team – seven, fourteen, twenty-one or thirty days of a “stop” on sobriety days and will be based on the number of infractions i.e. one positive or two positives or three positives and so on. A phase demotion, a repeat of a phase, or restarting of sobriety days from zero should not be utilized.

Phase Structures Focus On:

- Providing structure, support, and education for participants
- Help participants achieve and sustain psychosocial stability
- Resolve ongoing impediments to service provisions
- Ensuring that participants follow a safe and prosocial daily routine
- Teaching skills such as time management, personal finance
- Helping them develop recovery-supported activities they can be engaged in
- Assist in shifting participants from acute care to chronic-care approach to their recovery
- Help them learn to enhance their recovery readiness
- Use of in-treatment recovery support services to enhance the strength and stability of recovery initiation
- Use of post-treatment recovery support services to enhance the durability and quality of recovery maintenance

Phase requirements that remain constant throughout all phases:

- Attend court weekly or as ordered by the judge
- As part of recovery capital, work with VTC probation, counselor or medical professional, in the development of a wellness/treatment plan
- Show up for all appointments with medical professionals and others
- Actively participate in treatment
- Comply with treatment as part of recovery capital
- Submit to weekly drug tests unless the judge has authorized you to stop
- Comply with supervision and meet with the VTC probation officer (or the probation officer assigned to their case) as instructed or as ordered by the judge
- Comply with their signed weekly court order
- Create and keep a journal related to thoughts and feelings about recovery such as attending support meetings

- Complete learning assignments such as essays on healthy relationships, managing frustration, or developing respect
- No driving unless licensed
- Receive random home visits from the VTC probation officer or designated individual
- Obtain/maintain stable housing
- Remain law-abiding

Each phase will have specific requirements for that phase and requirements needed to advance to the next phase.

Phase I: Clinical Stabilization and Engagement (Minimum 14 Days)

The goal of Phase One is for participants to participate in the Veterans Treatment Court (VTC) program by showing up, being honest, following the program's expectations, and trying their best.

In Phase One, participants set the foundation of stability that will help them succeed in the program. This means working toward clinical stability, orientation to the court is completed, required assessments have been completed and there has been the creation of a person-centered treatment plan.

In Phase 1 participants will:

- Start developing an outline showing how they intend to work towards sobriety with the VTC probation officer
- As part of recovery capital, developing an environment where there is no drug, alcohol, or mood-altering substances in the home or their possession
- As part of recovery capital, are developing a housing plan, if applicable, with the VTC probation officer or designated individual
- As part of recovery capital, begin work on the application for a driver's license when eligible or address license reinstatement if applicable
- Complete learning assignment on Medical and Transportation Needs (see packet in the folder of your manual)
- Complete incentive worksheet in the forms area of this manual
- Personal statement on VTC application satisfies Phase One goals

Participants can advance to Phase 2 when:

- Are in Phase 1 for at least 14 days and/or exhibit clinical stability as determined by treatment providers
- Have at least 14 consecutive days from their program clean date immediately before they advance to Phase 2
- Have at least 14 days without a major violation immediately before they advance to Phase 2

- Have had an intake appointment with their treatment provider
- Have identified a primary care physician and scheduled an appointment if it is part of the treatment plan
- Have worked with the VTC probation officer or designated individual to develop a housing plan, if applicable
- Have read the entire VTC participant handbook
- Show honesty
- Completed the Application and goals for Phase 2 and turned in the application for review by the VTC coordinator
- The judge has approved their advancement to Phase 2

Phase 2: Psychosocial Stabilization and Commitment (Minimum of 30 days)

The goal of Phase Two is to challenge the participants to continue developing motivation, insight, and skills to continue in their recovery and avoid criminal behavior. Also, participants will be working toward stable housing, creating therapeutic alliances, and continuing progress with their clinical stability.

In Phase 2 participants will:

- Develop a budget and financial plan with the VTC probation officer to repay any restitution, court-ordered financial obligations, and probation fees
- Continuing as part of recovery capital, developing an environment where there are no drug, alcohol, or mood-altering substances in the home or their possession
- If applicable, develop a plan with the VTC probation officer to complete any court-ordered community service work and attend orientation meetings
- Identify at least two weekly pro-social activities or recovery support groups that they can attend in Phase 3
- Continue working on an application for a driver's license when eligible or address license reinstatement if applicable
- Have developed a treatment/wellness plan with the VTC probation officer, counselor, or treatment provider
- Complete the Recovery Capital Scale and Plan exercise (see forms area)

Participants can advance to Phase 3 when:

- Are in Phase 2 for at least 30 days and/or have exhibited clinical stability as determined by treatment providers
- Have at least 30 consecutive days from their program clean date immediately before they advance to Phase 3
- Have at least 30 days without a major VTC violation immediately before they advance to Phase 3

- As part of recovery capital, have developed a budget and financial plan with the VTC probation officer, including a plan to repay any restitution, court-ordered financial obligations, and probation fees
- As part of recovery capital, have developed a written plan (minimum one paragraph) with the VTC probation officer to complete any court-ordered community service work
- Have developed a written plan (minimum one paragraph) to fulfill the Phase 3 requirement of attending at least two weekly pro-social activities and/or recovery support groups
- Completed phase two's goals
- Have completed the Application and goals for Phase 3 and turned in the application for review by the court coordinator
- The judge has approved advancement to Phase 3

Phase 3: Commitment/Prosocial Habilitation (Minimum of 45 days)

The goal of Phase Three is for participants to concentrate on rebuilding positive social support and coping skills. Rebuilding those positive supports and coping skills includes working toward more prosocial activities such as becoming an active participant in a support group such as at a church or community group, participating as a volunteer for and at a community event, or attending service organizations (Vet Center, Disabled Vets, Love in Action, Vets in Park) or helping feed the homeless at an event sponsored by a local civic organization. Those skills related to a prosocial routine such as communicating with others in the support network, creating a therapeutic alliance with the assigned mentor or other VTC team member, or peer from within the VTC, and applying effort toward abstinence and recovery are being used effectively.

In Phase 3 participants will:

- Attend at least two weekly pro-social activities and/or recovery support groups
- Develop a wellness plan of action with the VTC probation officer
- Implement their financial plan to work on repaying any restitution, court-ordered financial obligations, and probation fees
- Have no drugs, alcohol, or mood-altering substances in the home, or in possession
- Complete an application for a driver's license when eligible or address license reinstatement if applicable
- Maintain employment, training, education, or structured weekly activity
- Complete the learning assignment on Family and Housing Needs (see the packet in the folder of your manual)

Participants can advance to Phase 4 when:

- Are in Phase 3 for at least 45 days and/or exhibit clinical stability as determined by treatment providers
- Have at least 45 consecutive days from their program clean date immediately before they advance to Phase 4
- Have at least 45 days without a major violation immediately before they advance to Phase 4
- If applicable, have begun making payments toward any restitution, court-ordered financial obligations, and probation fees per their financial plan
- If applicable, have completed at least eight hours of any court-ordered community service work
- Have written at least two paragraphs about (1) how they fulfilled the requirement of attending two weekly pro-social activities and/or recovery support groups, and (2) how they plan to fulfill this requirement in Phase 4
- Have completed a recovery plan of action
- Completed phase three's goals
- Have completed their application and goals for Phase 4 and have turned in the application to the court coordinator
- The judge has approved advancement to Phase 4

Phase 4: Devotion/Planning for a Successful Life (Minimum of 90 days)

The goal of Phase Four is for participants to develop meaningful change by practicing the skills they have learned.

Participants will continue participation in their prosocial activities, be able to demonstrate periods of abstinence and show signs of early remission (90 days without clinical symptoms).

In Phase 4 participants will:

- Attend at least two weekly pro-social activities and/or recovery support groups
- Continue their financial plan to work on repaying restitution, court-ordered financial obligations, and probation fees
- Continue their plan to complete any court-ordered community service work, if applicable
- Continue their vocational, employment, or education goals
- Complete an application for a driver's license when eligible or address license reinstatement if applicable
- Complete learning assignment on Financial Need and Problem Solving (see court coordinator for forms)

Participants can advance to Phase 5 when:

- Are in Phase 4 for at least 90 days
- Have at least 60 consecutive days from their program clean date immediately before they advance to Phase 5
- Have at least 60 days without a major violation immediately before they advance to Phase 5
- Have written at least two paragraphs about (1) how they fulfilled the requirement of attending two weekly pro-social activities and/or recovery support groups, and (2) how they plan to fulfill this requirement in Phase 5
- Have written at least one paragraph identifying their vocational, employment, or educational goals with a plan to achieve those goals
- Remain in compliance with treatment and supervision.
- Remain law-abiding
- Have started working on the Criminal Thinking Worksheets
- Completed phase four's goals
- Have completed the application and goals for Phase 5 and turned in the application to the court coordinator for review
- The judge has approved advancement to Phase 5

Phase 5: Honor/Recovery Management (Minimum of 90 days)

The goal of Phase Five is to complete a participant's transition into an honest, law-abiding, and healthy member of the community.

As part of Phase Five, participants have achieved early remission and begin the process of being ready for graduation. They will share with the group their plan for going forward, they will continue their care/symptom recurrence prevention plan. Additionally, in this phase participants have satisfied their reasonable community service, have paid their affordable fines (restorative justice activities) and have been successful in abstinence maintenance (noted as 90 days abstinent without requiring perfection).

In Phase 5 participants will:

- Maintain recovery network through attendance at, at least, two weekly pro-social activities and/or recovery support groups
- If applicable, repay all remaining restitution, court-ordered financial obligations, and probation fees
- If applicable, complete all remaining court-ordered community service work
- Develop their aftercare, regression/relapse, and wellness plan paragraphs with the VTC treatment provider or a VTC team member
- Complete Criminal Thinking Worksheets and discuss them with their counselor or case manager

- Maintain employment and court-approved housing
- Have completed an application for a driver's license when eligible or address license reinstatement if applicable
- Complete learning assignment on recovery groups/network/activities reinforcing recovery (see packet in the folder of your manual)

Participants can graduate from VTC when:

- Are in Phase 5 for at least 90 days
- Have at least 12 months in the VTC program**
- Have at least 90 consecutive days from their program clean date immediately before they graduate
- Have at least 90 days without a major violation immediately before they graduate
- Have repaid all remaining balances to the Clerk of Courts and Probation Department
- Completed Criminal Thinking Worksheets and have discussed them with their case manager or counselor.
- If applicable, have completed any court-ordered community service work
- Have written their aftercare, regression/relapse prevention, and wellness plan (minimum three paragraphs)
- Are fully engaged in treatment and recovery community
- Have maintained full-time employment or a combination of employment/education
- Have stable and safe housing
- Have written an essay for graduation related to topics such as time management, responsibility, the importance of honesty, triggers, why recovery support is important, or one that is related to recovery behavior
- Have completed phase five's goals
- Have completed the Graduation Application and turned in the application for review by the court coordinator
- Have completed the exit interview
- The judge has approved their graduation

Phase Six – Post-Graduation Phase (180 days)

The final phase is designed for minimal court intervention so that participants can become accustomed to maintaining their recovery/sobriety and law-abiding behavior without the accountability of regular court appearances.

In Phase 6 participants will:

- Participate in follow-up with the court
- Continue with pro-socialization activities such as:
 - maintaining housing,
 - using their problem-solving skills,
 - maintaining contact with their probation officer as noted in their plea agreement/judgment,
 - continuing participation in their recovery support group program or peer support group,
 - reaching out and leaning on their support structure
 - maintaining their working relationship with providers, their mentor and other team members
- Maintain their prosocial routines
- Continue to have a self-directed life that includes:
 - Recovery management activities
 - Continuing care

Graduation

The celebration comes at the successful completion of the program. In addition to meeting program requirements, participants should be able to show how the Veterans Treatment Court program (VTC) has positively influenced their lives. Before graduation, the participant must complete a written essay/ exit interview. Graduates will be honored and receive certificates at a special graduation ceremony. At the ceremony, participants may invite friends, family, and others they would like to have there. Graduation is the culmination of the program but marks the beginning of new opportunities and a new lifestyle for them and those around them. Graduation from the VTC program may result in modification of probation conditions, early termination of probation, and/or dismissal of criminal charges.

If a participant desires to become a VTC mentor, they cannot apply until after one year from graduation, have completed their probation, and be approved by the team.

Achievements and Incentives:

The VTC judge will acknowledge the participant's achievements during court reviews.

Examples of achievements:

- Educational achievements, including obtaining their GED, high school diploma, college or vocational credits
- Vocational achievements, including job promotions or a new job with increased responsibilities
- Volunteer work in the community
- Self-improvement classes that build mind, body, and soul
- Completing weekly assigned tasks

The VTC team will also recognize and provide incentives for accomplishments beyond the VTC requirements that promote drug-free, pro-social, and law-abiding behavior.

Examples of incentives:

- Verbal praise/recognition; "fishbowl" drawing
- Gift certificates/gift cards
- Assistance in obtaining a driver's license.
- Restored privileges.
- Leaving court early or decreasing office appointments or court review hearings.

Violations and Consequences

The VTC will review program violations and utilize consequences for breaking program expectations. Consequences will be based on the behavior and needs of each participant.

Violations

- Use of non-prescribed mood-altering substances (including alcohol)
- Failure to report as directed for drug testing
- Failure to produce a urine sample testing within the 60 minutes allotted time
- Positive UA/Oral drug/alcohol tests
- Contact with alcohol or a product containing alcohol
- Refusing drug and/or alcohol testing, diluting, or tampering with the sample

- Failure to follow the recommendation of an integrated assessment and treatment provider
- Failure to report employment changes
- Leaving home overnight without informing the VTC coordinator
- Failure to report new arrests and/or citations
- Conviction on a new charge
- Curfew violation
- Not returning VTC team members' phone messages
- Not reporting schedule changes
- Not immediately reporting address or phone number changes
- Uncooperative behavior with VTC or substance use disorder treatment staff
- Failure to attend or verify attendance at support group meetings
- Failure to be available for random home visits
- Failure to comply with the judge's weekly requirements

Consequences

The VTC program will attempt to use consequences aimed at stabilizing your harmful relationship with drugs, alcohol, or non-compliance with VTC expectations.

Missed and positive UAs will be handled in the same manner (missed will be counted as positive UAs): both will result in a reset of sobriety days within the affected phase for example: if there is a missed or positive UA, a negative UA will be needed and the sobriety date for the phase will be changed to the date of the first negative UA, resulting in a longer length of time within that phase.

Multiple minor violations will result in increasingly stronger consequences and will be based on and tailored to the individual participant's needs.

Examples include:

- Warnings (verbal and/or written)
- Writing assignments
- No credit for the week
- Bench warrants
- Held in phase until completion of requirements
- Stricter curfew
- Fine or fee imposed, or payment for cost of test
- Increased number of drug tests, office appointments, and/or court review hearings
- Immediate incarceration (jail)
- Community service work
- Electronic alcohol monitoring, at the offender's expense
- Termination from VTC

Treatment Protocol

The Veterans Treatment Court (VTC) will use non-biased assessment tools such as the Level of Service Inventory-Revised or an Alcohol Use Disorder Identification Test (AUDIT) for alcohol consumption or both. Both tools are used to assess a participant's risk/need as a requirement for participation in VTC. High-risk/high-need indications are determining factors for admission into the VTC.

- ❑ After a defendant applies to VTC and the VTC coordinator conducts an LSI-R assessment (if no prior LSI-R has been completed through Probation) and/or AUDIT (to determine alcohol use), a referral will be made for a clinical assessment and determination. If the assessment identifies the individual as having a substance use disorder in need of treatment, they meet eligibility for VTC. Participants must enter a treatment program as recommended by their clinician's assessment as soon as possible, preferably within ten (10) days of entering the VTC
 - The VTC will focus on participants who reflect a moderate to high risk of recidivism
- ❑ The VTC defers to a participant's clinical assessment to match a participant to the appropriate level of treatment intervention, utilizing the least restrictive environment that will address the presenting problems. While in VTC, a participant's treatment continuum may include the following:
 - A period of withdrawal management
 - A funding determination (Medical Assistance, self-insured, self-pay, etc.)
 - A referral to appropriate treatment resource(s)
 - Participation in a residential/extended care program
 - Participation in a high-intensity outpatient program
 - Participation in a low-intensity outpatient program
 - Cooperation with continuing care services; and/or
 - Participation in community support group meetings
- ❑ In recognition of the unique gender, cultural, and co-occurring disorder issues involved in selecting an appropriate treatment provider, participants in VTC may choose between the two service providers who are participating on the Veterans Treatment Court team, in seeking chemical dependency treatment, or a treatment program of their choice that matches the level of intensity recommended by their clinical assessment and competencies established by the VTC team
- ❑ All providers treating VTC participants must develop integrated service plans, maintain participant records, monitor participants during treatment, and provision of transitional services to support the participants' recovery plan in the community. Additionally, participating treatment providers will be requested to prepare weekly reports on VTC participants' treatment progress with

recommendations to the VTC judge and team. All VTC participants will be required to sign releases permitting treatment providers to share information for effective assessment, treatment, and court reporting.

- ❑ Veterans Treatment Court (VTC) provider expectations are as follows:
 - The input of the VTC coordinator before the development of treatment planning
 - Weekly updates with accurate information sent to the treatment team coordinator by _____ pm _____
 - Comprehensive discharge summary and aftercare planning with an accurate reflection of treatment engagement and progress
 - Aftercare, actual length based on individualized need (minimum of 12 sessions)
 - Passes or treatment absences approved by the VTC
 - VTC coordinator invites to staffing and court
 - Random and supervised drug and alcohol testing (at least weekly), more often if designated by the VTC team
 - Adhere to VTC treatment protocol, including individualized response to relapse
 - Cooperation with VTC outcome studies
 - Memorandum of Understanding
 - Submission of the Grand Forks County Treatment Programs Provider Contract Application to aid in assuring treatment placements meet competencies established by the VTC team
- ❑ VTC shall utilize the following treatment protocol to address co-occurring disorders:
 - Completion of MH Screening Tool concurrently with clinical assessment OR completion of Integrated Assessment.
 - If a screening tool identifies possible mental health disorders, a referral for a diagnostic assessment is to be conducted by a mental health professional, OR if an integrated assessment identifies mental health needs, a referral will be made for the service
 - Releases are signed between the mental health provider of services, the VTC team, and the treatment provider with the intent of developing a coordinated treatment plan to address the mental health and substance use disorder needs of the participant
 - Substance use disorder treatment placement shall include coordination with any existing mental health providers that have been involved with the participant
 - Weekly progress reports to the VTC team should reflect any mental health consultation/contacts that may include the participant's treatment process/cooperation
 - The VTC team may request progress reports and evaluations from those providing mental health treatment to VTC participants

Supervision Protocol

- ❑ The Veterans Treatment Court (VTC) utilizes a combination of a probation officer, court coordinator, and case aides for supervision. Supervision shall include random and observed drug and alcohol screens, as well as regular monitoring and oversight by the VTC judge as reflected in the frequency of court appearances identified in the phase section
- ❑ The probation officer is supervised by the Department of Corrections and Rehabilitation – Parole and Probation. The probation officer will supervise the offenders under court-ordered conditions, department policy, and treatment court requirements
- ❑ The VTC coordinator will oversee all administrative work such as reports, contacts with the case aides, orientation; collection of data, and contact with defense counsel and the Grand Forks County and Nelson County, or the approved county of residence for the participant State’s Attorney. The coordinator will collect all collateral reports, prepare progress reports for weekly staffing, and assist the VTC judge during the weekly court sessions. The VTC coordinator is under the supervision of the North Dakota Supreme Court’s Specialty Courts Program Director
- ❑ Case aides, if used, are supervised by the VTC coordinator and will receive their weekly assignments from the VTC coordinator. Case-aides will provide random and observed alcohol and drug screens, following the protocol for sending in positive drug screens. Case-aides will also do curfew checks as ordered by the VTC team. Case-aides will provide a weekly report to the coordinator no later than _____ regarding all the tests administered and curfew checks. Case aides will test with the same gender when administering urine tests. The VTC coordinator will ensure all case aides are trained on administering alcohol and drug screens. The case aide will immediately report any positive alcohol/drug tests to the court

Screening for Prohibited Substances

Screening is a major component of the Veterans Treatment Court (VTC) program to determine the presence of prohibited substances and to monitor participants' progress. Testing for the presence of prohibited substances is conducted on a frequent and random basis.

Upon evaluation, a full screen for prohibited substances may be conducted. The presence of prohibited substances will be handled in a manner consistent with program guidelines.

Failure or refusal to provide a sample for screening, or providing an altered or diluted sample, may be treated as a positive screen.

Prohibited Substances

The list below provides examples of substances and medications that are prohibited in the VTC program **unless prescribed by a physician** and approved by the VTC team. This is not a complete list. For further clarification of any medication not listed, the probation officer should be contacted.

Aside from illegal drugs and alcohol (in any form) participants are prohibited from using certain prescription drugs and are required to have all prescriptions or over-the-counter drugs approved before purchasing or ingesting anything.

Any "designer drugs" that can be purchased legally or illegally are strictly prohibited. Any "smoking mixtures" (other than products specifically designated to contain only tobacco- for adults only) are strictly prohibited. Any products sold or marketed under false pretenses with the warning "not for human consumption" are strictly prohibited.

Examples of Prohibited Substances/ Medication Classifications	Examples of Prohibited Substances For medications, the brand name is in () if the generic name is also listed. Many OTC Medications are also listed.
Alcohol (In Any Form)	Alcoholic beverages including those representing themselves as "alcohol-free," all medications and products containing alcohol (cough syrups/liquid-caps such as Nyquil and Robitussin, vanilla extract, food additives), and energy drinks containing alcohol.
Amphetamine Methamphetamine	Adderall, Adipose, Benzedrine, Dexedrine, Dexatrim, Didrex, Phentermine (Adipex), Preludin, Ritalin, Speed, Vyvanse, White, All medications containing Pseudoephedrine (Alka-Seltzer Cold, Claritin-D, Comtrex Acute, Contac Cold Maximum, Dayquil/Nyquil, Dristan Maximum, Kolephrin, Maxiflu, Robitussin, Sinarest, Sudafed, Tavist Allergy, Tylenol Cold or Allergy; <i>There are non-pseudoephedrine "D" versions available in almost all of these</i>)
Barbiturate	Allobarbital, Barbital, Butalbital (Fiorinal), Phenobarbital (Luminal)
Benzodiazepine	Alprazolam (Xanax, Niravam), Clonazepam (Klonopin), Chlordiazepoxide (Librium), Diazepam (Valium), Flunirazepam (Rohypnol), Lorazepam (Ativan), Oxaprozin (Daypro), Oxazepam (Serax)
Cocaine	
Dextromethorphan "DM"	Cold medications such as Alka Seltzer Cold, Coricidin, Dayquil, Dimetapp, Nyquil, Robitussin, Sudafed, Triaminic, Tylenol Cold, and Vicks 44. <i>There are non-dextromethorphan "DM" versions available for almost all of these.</i>
Hallucinogens	Dimethyltryptamine (DMT), Ecstasy, Ketamine, LSD, Mushrooms, PCP, Tryptamine, Xylazine
Miscellaneous Substances	Appetite Suppressants -most are prohibited, Caffeine Pills, Meperidine (Demerol), Inhalants, Kratom, Propoxyphene (Darvocet, Darvon), Steroids, Soma, All Synthetic Substances, Xyrem, (GHB) This list includes anything labeled "Not for Human Consumption" , Poppy Seeds
Opiate	Codeine (Cough meds, Tylenol 3), Heroin, Hydrocodone (Lortab, Lorcet, Norco, Vicodin, Vicoprofen), Hydromorphone (Dilaudid), Morphine, Fentanyl (Actiq, Duragesic), Nitazenes
Oxycodone	Oxycodone (OxyContin, Percodan, Percocet, Roxicet, Roxicodone)
THC	Marijuana and all products containing THC.
CBD	Cannabidiol and derivatives

Program Evaluation

During the VTC program, information will be gathered on all participants that will be used to analyze the program and make changes to enhance the program. All information protected by 42 C.F.R. Part 2 of the United States Code will not be released, unless participants sign a release of information. In the interest of evaluating the program, they will be asked to participate in follow-up surveys. Participation in the follow-up surveys is voluntary.

Travel Outside of the Jurisdiction

As a general expectation, travel outside of the jurisdiction during participation in the VTC is not encouraged. Staying consistent in treatment, including attendance at all group and individual counseling sessions, is imperative to success.

In general, travel that will interfere with treatment and/or mandatory substance abuse testing for drugs and alcohol will not be allowed. However, the court recognizes that there are special events that arise in which travel may be authorized. All travel outside of the jurisdiction **MUST** be authorized by the court **AND** probation.

This form must be completed and submitted to your Veterans Treatment Court coordinator seven days before traveling within the state and two weeks before traveling out of state

Appendix

Key Performance Indicators

Best Practice Standards, 2nd Edition, All Rise

Variable	KPI	Benchmark	Comments
Target population	Participants assessed as high/risk, high/need using LSI and AUDIT. Eligible for VA care; if not, local care availability. Discharge type: Honorable, General Under Honorable. If not under honorable, then treatment availability needs to be assessed through a community provider	100% of the participants	At the discretion of the team, prospective participants can be assessed (LSI) at moderate-high risk/need for admission. Participants' LSI is re-accomplished at the 6 month mark.
Entry Timeliness	Number of days from arrest or other participating event (e.g. probation violation) to entry into treatment court.	≤ 50 days, but preferably as soon as possible	Additional number of days added based on attorney response to request for application /admission paperwork, and post-judgment decision
Treatment timeliness	Number of days from entering treatment court to attending the first substance use, mental health, or trauma treatment session	≤ 1 week preferred.	Consideration of space/bed availability at VA facility, or local facility.
Team functioning	Number of pre-court staff meetings attended by all team members.	≥ 4 meetings per month or at the same frequency as court status hearings.	
Court supervision	Number of court status hearings attend per month and per phase by the participant.	≥ 2 hearings per month during the first two phases, and ≥ 1 per month thereafter	Participants attend four times per month in all phases unless awarded the incentive to attend twice per month.
Treatment sessions	Number of mental health, substance use, trauma, and complementary treatment sessions attended per month and per phase.	≥ 9 sessions or hours per week for the first 4 phases.	Based on input from the VA/Community treatment provider and the curriculum that is prescribed. Residential or inpatient treatment sessions are at the discretion of the provider.

Medication provision	Percentage of participants receiving needed and desired medication for addiction treatment (MAT), psychiatric medication or other medications		
Community Supervision	Number of community supervision office sessions and field (home) visits completed per month and per phase.	≥ 4 office sessions per month during the first 2 phases and ≥ 1 per month thereafter; ≥ 2 field visits during the first two months	Does not include drug/alcohol testing or CBT counseling focused on prosocial decision-making and adaptive life skills. Determined by availability of Probation Office personnel.
Drug and alcohol testing	Number of point-in-time drug and alcohol tests (e.g. urine, saliva tests) administered per week and per phase. Number of days applying testing methods that lengthen the time window for detection (e.g., continuous alcohol monitoring devices, sweat patches).	Single-point testing ≥ 2 times per week for the first 3 phases. Continuous monitoring for ≥ 90 consecutive days.	Benchmarks apply for participants with a substance use disorder or substance involvement.
Staff training	Equity/Inclusion/Diversity Implicit bias training to insure (culturally) equitable admission, treatment and complementary services	Meet at least annually as a team to review the information and implement corrective measures and examine the effects of their redial efforts within the ensuring year	

Key Performance Indicators - In-Program
Best Practice Standards, 2nd Edition, All Rise

Variable	KPI	Benchmark	Comments
Program Completion	Participant completes the program successfully.	≥ 60% of the participants	Benchmark reflects the national average completion rate in the US. Excludes participants who received a neutral discharge for reasons unrelated to their performance (e.g., relocating to an area outside of the court's jurisdiction).
Attendance rates	Percentage of court status hearings, treatment sessions, community supervision sessions, and drug and alcohol tests attended or completed.	≥ 75% of sessions or appointments	Calculate separately for different types of services (e.g., court, treatment, supervision, testing)
Length of stay	Number of days from program entry to completion or discharge	9 to 15 months of substance use, mental health, trauma, and complementary treatment services. 12 to 18 months of total program.	Treatment services include CBT counseling focused on teaching prosocial decision-making skills and providing training in adaptive life skills (e.g., vocational training). For participants who absconded from the program or are on extended bench warrant, discharge is calculated from the last in-person contact with staff.
Substance use	Percentage of point-in-time positive drug or alcohol tests (e.g., urine, saliva) per month, per phase and throughout enrollment Number of continuous days without drug or alcohol use for testing	≥ 90 consecutive days of negative drug and alcohol tests prior to completion.	Benchmark applies for participants with a substance use disorder or substance involvement. Benchmarks are unavailable for specific phases or amount of time in the program, but rates of positive tests should

	procedures that lengthen the time window for detection (e.g., continuous alcohol monitoring devices, sweat patches)		decline over successive phases or time. Does not include prescribed medications.
Housing	Percentage of participants with unsafe or unstable housing at entry who obtained safe and stable housing by discharge.	100%	Outcomes are uniformly poor for persons who do not obtain safe and stable housing.
Employment	Percentage of participants with inadequate or unstable employment at entry who desired and obtained stable employment or vocational assistance by graduation.	≥ 90 days of employment	Participants who are deemed 80-100% disabled through the VA and are paid at a 100% rate are not included.
Education	Percentage of participants desiring educational training or assistance who enrolled in such a program by graduation.	≥ 90 days of enrollment	
Technical violations	Number of confirmed violations of curfews, travel or geographic restrictions, home detention, no-contact orders with other individuals, SCRAM or 24/7 violations, and similar court-imposed conditions.	≥ 4 office sessions per month during the first 2 phases and ≥ 1 per month thereafter; ≥ 2 field visits during the first two months	Exclude infractions covered by other KPIs, including missed appointments and positive drug/alcohol tests. Report separately for in-program vs. post program technical violations. For technical violations, the more often they occur, the poorer the long-term outcomes.
Recidivism	Number of new arrests, charges, convictions,	Continuous monitoring for ≥ 90 consecutive days.	Report separately for in-program vs. post-program recidivism.

	reincarcerations, and self-reported criminal activities.		<p>Report separately for different KPIs (e.g., arrests or convictions)</p> <p>Classify by offense type (e.g., drug, impaired driving, property, financial, and violent offenses).</p> <p>For recidivism, the more often it occurs, the poorer the long-term outcomes.</p>
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Key Performance Indicator - Participants

Best Practice Standards, 2nd Ed., All Rise

Variable	KPI	Benchmark	Comments
Clinical and psychosocial stability	<p>Not experiencing symptoms that interfere with attending and benefiting from counseling; no persistent or severe cravings, withdrawal symptoms, lack of feeling pleasure, impulsivity/stress reactivity, acute mental health symptoms, or cognitive impairment;</p> <p>Psychosocial: has achieved secure housing, reliably attending appointments, no longer experiencing clinical symptoms that may interfere with the ability to attend or benefit from interventions, and has developed an effective therapeutic or working alliance.</p>	Indicated through reports received from treatment providers, mentors and interaction in the courtroom	
Treatment planning	<p>Plans of action have been collaborated on with provider(s) and probation that are supportive of levels of care</p> <p>Incorporates aspects of recovery capital</p> <p>Provides structure, support, and education</p> <p>Helps in achieving and sustaining psychosocial stability</p>	Assessment of what is and is not working in the treatment plan; changes implemented as required.	

<p>Develop SMART goals -- proximal, distal, and goals that can be managed for each phase</p>	<p>SMART goals are specific, measurable, achievable, realistic, and timely</p> <p>Proximal goals are goals that can be achieved in the short term and sustained for a reasonable period of time</p> <p>Distal goals are goals that are difficult to accomplish currently, but attainable in later phases like education or employment</p> <p>Managed goals are goals that have been achieved and sustained for a reasonable time</p>	<p>Each application for phase advancement will have goals developed that are appropriate for that phase.</p>	
<p>Keep a journal and complete learning (essay) assignments</p>	<p>Journal entries should reflect the recovery journey, how you felt in the moment during an event, how addressing those feelings helps in recovery,</p> <p>Learning assignments can be assigned for topics associated with time management, "thinking" type assignments such as identifying risk factors for symptoms, or development of better problem-solving skills</p>	<p>Show awareness of stresses in your life, and things that are important to the participant, and show efforts toward improving self and growth.</p>	
<p>Court status</p>	<p>Number of court days attended</p>	<p>1 meeting per week unless approved to attend less frequently</p>	
<p>Treatment sessions</p>	<p>Number of mental health, substance use, trauma, and</p>	<p>Attend treatment sessions as scheduled including those via ZOOM/webinar.</p>	

	<p>complementary treatment sessions attended per month and per phase.</p> <p>Missed appointments are rescheduled</p> <p>Counseling sessions as determined by medical professional</p>		
Medication provision	Percentage of participants receiving needed and desired medication for addiction treatment (MAT), psychiatric medication or other medications		
Community Supervision	Number of community supervision office sessions and field (home) visits completed per month and per phase.	<p>≥ 4 office sessions per month during the first 2 phases and ≥ 1 per month thereafter; ≥ 2 field visits during the first two months</p> <p>Or as determined by the court and/or plea agreement/judgment and probation</p>	
Drug and alcohol testing	<p>Number of point-in-time drug and alcohol tests (e.g. urine, saliva tests) administered per week and per phase.</p> <p>Number of days applying testing methods that lengthen the time window for detection (e.g., continuous alcohol monitoring devices, sweat patches).</p>	<p>Single-point testing ≥ 2 times per week for the first 3 phases, or as determined by the court and/or plea agreement/judgment and probation.</p> <p>Continuous monitoring for ≥ 90 consecutive days.</p>	

Key Performance Indicator – Court Coordinator

Best Practice Standards, 2nd Ed., All Rise

Variable	KPI	Benchmark	Comments
Court manuals – policy/procedures, participant’s and mentor handbook	<p>Update as required; insure All Rise’s Best Practice Standards are incorporated into each manual</p> <p>Insure manuals are reviewed before publishing</p>	≥ 1 time per year	
Court sessions	<p>Attend court staffing and sessions</p> <p>Create a weekly staffing agenda showing participant, court case, attorneys, assignments and information from previous court session</p> <p>Ensure weekly court order is signed by the judge and participant – original copy to file, yellow copy to the participant and pink copy to ASA.</p> <p>Complete “after actions” work – emailing copies of weekly reports to attorneys who request them; and copies of weekly court orders to participants who attend via ZOOM.</p>	≥ 1 time per week, or when court is in session	
Understand the psychosocial and/or therapeutic alliances needed between team members and participants	Encourage team members to register for training that helps with understanding substance use disorders, traumatic brain injury, military sexual trauma, and the psychology of addiction and recovery		

Coordinate information between team members for court staffing	Reach out to providers, VA, probation and mentors for updates on participants – update weekly staffing report with the information Maintain Xcel tracking spreadsheet	≥ 1 time per week, or when the court is in session ≥ 1 time per week	
Funding raising/community awareness	Give presentations to service organizations, or other groups that request presentations related to VTC. Use email communication with various organizations and corporations as follow-up to requests for funds Participate in community events such as Vets in the Park to bring awareness to the VTC		
Court files and forms Record retention	Develop court files on each participant and develop all forms needed for application and admission into the VTC Review client’s file in Odyssey to insure no new cases are filed Maintain electronic files in the Veteran Courts area of the U1 Drive Retain emails to participants, from providers/VA/mentors/probation and others		

Key Performance Indicators - Mentor Coordinator and Mentor
Best Practice Standards, 2nd Ed., All Rise

Key Performance Indicator – Mentor Coordinator

Variable	KPI	Benchmark	Comments
Court sessions	Attend court staffing and sessions	≥ 1 time per month as schedule allows	
Contact with mentors	Encouraging, guiding, and supporting the mentors through networking, gatherings, and reaching out related to the mentor's participant when issues arise	≥ 2 times per month	
Understand the psychosocial and/or therapeutic alliances needed between mentor and participant	Encourage mentors to register for training that helps with understanding substance use disorders, traumatic brain injury, military sexual trauma, and the psychology of addiction and recovery		
Recruitment	<p>Give presentations to service organizations, or other groups that request presentation related to VTC.</p> <p>Screen prospective mentors to insure they met requirements</p> <p>Develop methods for recruitment and the recruitment message</p>		

Train	Using shadowing or on-the-job training for new mentors; give overview of VTC process and team members, confidentiality requirements, suicide prevention, and the expectations of the mentor		
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Key Performance Indication - Mentor

Variable	KPI	Benchmark	Comments
Court sessions	As requested; not part of the pre-staffing function of the court	≥ 1 time per month as schedule allows	
Contact with participant	Encouraging, guiding, and supporting the participants as they progress through the court process	≥ 2 times per month; preferable is once per week	Face-to-face unless circumstances such as scheduling conflicts that interfere, and geographic location distances or ongoing appointments Via cell phone unless contact isn't feasible due to cell/internet reception
Develop psychosocial and/or therapeutic alliance	Participate in organized sessions with participants as assigned or requested by the program's mentor coordinator Build on previous conversations with participants to establish rapport and to help (as much as possible) facilitate and resolve concerns about the court and courtroom procedures Assist participant with determining their needs, goals and action plans Resist the "fix-it" urge; allow participant to determine course of action		
Training webinars	Encouraged to register for training that help with understanding substance use disorders, traumatic brain injury, military sexual trauma, and the psychology of addiction and recovery.		

Ten Key Components of Veterans Treatment Courts

The Northeast Central Judicial District's Veterans Treatment Court adopted with slight modifications the essential tenements of the Ten Key Components as described in the U.S. Department of Justice Publication entitled "Defining Drug Courts: The Key Components", (Jan.1997). Brief descriptions of these modifications are listed in the ten key components that follow this introduction. Although there are differences between drug courts, mental health courts, and the Veterans Treatment Court, the Key Components provide the foundation in format and content for the Essential Elements of each of these courts.

Key Component #1:

Veterans Treatment Court integrates alcohol, drug treatment, and mental health services with justice system case processing

Veterans Treatment Court promotes sobriety, recovery, and stability through a coordinated response to veterans' dependency on alcohol, drugs, and/or management of their mental illness. Realization of these goals requires a team approach. This approach includes the cooperation and collaboration of the traditional partners found in drug treatment courts and mental health treatment courts with the addition of the Veteran Administration Health Care Network, veterans and veterans family support organizations, and veteran volunteer mentors.

Key Component #2:

Using a non-adversarial approach, prosecution and defense counsel promote public safety while protecting participants' due process rights

To facilitate the veterans' progress in treatment, the prosecutor and defense counsel shed their traditional adversarial courtroom relationship and worked together as a team. Once a veteran is accepted into the treatment court program, the team's focus is on the veteran's recovery and law-abiding behavior – not on the merits of the pending case.

Key Component #3:

Eligible participants are identified early and promptly placed in the Veterans Treatment Court program

Early identification of veterans entering the criminal justice system is an integral part of the process of placement in the Veterans Treatment Court program. An arrest can be a traumatic event in a person's life. It creates an immediate crisis and can compel recognition of inappropriate behavior into the open, making denial by the veteran of the need for treatment difficult.

Key Component #4:

Veterans Treatment Court provides access to a continuum of alcohol, drug, mental health, and other related treatment and rehabilitation services

While primarily concerned with criminal activity, substance abuse, and mental illness, the Veterans Treatment Court team also considers co-occurring problems such as primary medical problems, transmittable diseases, homelessness; basic educational deficits, unemployment, and poor job preparation; spouse and family troubles – especially domestic violence – and the ongoing effects of wartime trauma.

Veteran peer mentors are essential to the Veterans Treatment Court team. Ongoing veteran peer mentors' interaction with the Veterans Treatment Court participants is essential. Their active, supportive relationship, maintained throughout treatment, increases the likelihood that a veteran will remain in treatment and improves the chances for sobriety and law-abiding behavior.

Key Component #5:

Abstinence is monitored by frequent alcohol and other drug testing

Frequent court-ordered substance abuse testing is essential. An accurate testing program is the most objective and efficient way to establish a framework for accountability and to gauge each participant's progress.

Key Component #6:

A coordinated strategy governs Veterans Treatment Court responses to participants' compliance

A veteran's progress through the treatment court experience is measured by his or her compliance with the treatment regimen. Veterans Treatment Court rewards cooperation as well as response to noncompliance. Veterans Treatment Court establishes a coordinated strategy, including a continuum of graduated responses, to continuing drug use and other non-compliant behavior.

Key Component #7:

Ongoing judicial interaction with each Veteran is essential

The judge is the leader of the Veterans Treatment Court team. This active, supervising relationship, maintained throughout treatment, increases the likelihood that a veteran will remain in treatment and improves the chances for sobriety and law-abiding behavior. Ongoing judicial supervision also communicates to veterans that someone in authority cares about them and is closely watching what they do.

Key Component #8:

Monitoring and evaluation measure the achievement of program goals and gauge effectiveness

Management and monitoring systems provide timely and accurate information about program progress. Program monitoring provides oversight and periodic measurements of the program's performance against its stated goals and objectives. Information and conclusions developed from periodic monitoring reports, process evaluation activities, and longitudinal evaluation studies may be used to modify the program.

Key Component #9:

Continuing interdisciplinary education promotes effective Veterans Treatment Court planning, implementation, and operations

All Veterans Treatment Court team members should be involved in education and training. Interdisciplinary education exposes criminal justice officials to veteran treatment issues, and Veteran Administration, veteran volunteer mentors, and treatment VTC team members to criminal justice issues. It also develops a shared understanding of the values, goals, and operating procedures of the veteran administration, treatment, and the justice system components.

Education and training programs help maintain a high level of professionalism, provide a forum for solidifying relationships among criminal justice, Veteran Administration, veteran volunteer mentors, and treatment personnel, and promote a spirit of commitment and collaboration.

Key Component #10:

Forging partnerships among Veterans Treatment Court, Veterans Administration, public agencies, and community-based organizations generate local support and enhance Veterans Treatment Court effectiveness.

Because of its unique position in the criminal justice system, Veterans Treatment Court is well suited to develop coalitions among private community-based organizations, public criminal justice agencies, the Veteran Administration, veterans and veterans families support organizations, and AOD and mental health treatment delivery systems. Forming such coalitions expands the continuum of services available to Veterans Treatment Court participants and informs the community about Veterans Treatment Court concepts. The Veterans Treatment Court fosters system wide involvement through its commitment to share responsibility and participation of program partners.

The Northeast Central Judicial District's Veterans Treatment Court integrates alcohol, drug treatment, and mental health services with justice system case processing. Using a non-adversarial approach, prosecution and defense counsel promote public safety while protecting participants' due process rights and need for treatment.

Eligible participants are identified early and promptly placed in the program. They are provided access to a continuum of alcohol, drug, and other related treatment and rehabilitation services. Abstinence is monitored by frequent alcohol and drug testing and a coordinated strategy governs responses to participant compliance.

Ongoing judicial interaction with each participant is essential. Monitoring and evaluation measure the achievement of the program's goals and gauge overall effectiveness. Continuing interdisciplinary education promotes effective treatment court planning, implementation, and operations. Forging partnerships among courts, public agencies, and community-based organizations generates local support and enhances the Veterans Treatment Court's effectiveness.

FORMS

Northeast Central Judicial District



Veterans Treatment Court

Request for admission into the Veterans Treatment Court (VTC Coordinator)

I, _____ state under penalty of law, that
Print First, Middle Initial, and Last Name

on _____ I was charged with the following offense(s): _____

Complete Address _____

Phone Number with area code: _____

Email address: _____

Signature: _____ Date: _____

YOU MUST RESIDE IN GRAND FORKS/NELSON COUNTY TO BE ELIGIBLE FOR THIS PROGRAM

Or if a resident of another county, is approved by the presiding judge to participate.

Northeast Central Judicial District



Veterans Treatment Court
Client Contract

I, _____, understand that I have been charged by the State of North Dakota with the following criminal offense(s): Charge: _____, Case # _____

I have read, or have had read to me, and understand the Veterans Treatment Court Program expectations as outlined in the Northeast Central Judicial District Veterans Treatment Court Participant Handbook and agree to comply with them. I have received a copy of this handbook.

Freedom from chemical dependency of any type, and its associated difficulties is my goal in the Veterans Treatment Court (VTC) Program. I understand all parties to this contract will work to support me in my efforts to successfully complete the program. I understand I will not graduate from VTC or successfully complete the terms of this contract unless I complete all five phases of the program. Failure to do so may result in an extension of this contract and/or other possible consequences.

I acknowledge I will be on probation while participating in VTC, and I agree to abide by the terms of my probation agreement. I understand that while on probation I am subject to warrantless searches of my person, property, and/or residence as determined by the VTC Coordinator and/or my probation officer.

I hereby request to voluntarily participate in the Northeast Central Judicial District Veterans Treatment Court (VTC) Program. To earn a dismissal or reduction of the above-stated charge(s), I agree to abide by the following program terms and conditions:

1. I will keep the peace be of good behavior, and not violate any city, county, state, or, federal laws. I agree to inform law enforcement immediately that I am in VTC when contact occurs. Any contact with law enforcement must be reported to my probation officer immediately and being charged with a new crime may result in termination from VTC.
2. I will sign all requested releases of information, including confidentially of any medical, treatment, or social services records, to allow chemical dependency treatment information to be provided to the VTC Team.
3. I will appear in VTC as specified by my individualized case management plan or as directed by the District Judge or VTC team. I understand that failure to report for a court hearing or any other breach of this contract may result in a bench warrant.

4. I will not use, possess, or associate with any persons who use or possess any controlled substances
5. I will comply with all terms and conditions of participation in VTC set by the coordinator, district judge, probation officer, or any other member of the VTC team.
6. I will not work as a confidential informant for any law enforcement agency while I am a participant of the VTC and will inform enforcement agency personnel that I am a VTC participant.

The following will, or may, result in immediate termination from the Veterans Treatment Court Program:

1. Repeated contact with law enforcement
2. Charged with new criminal charges/arrests
3. Continued positive UAs
4. Repeatedly missing drug tests
5. Repeatedly missing treatment and/or supervision appointments
6. Repeatedly breaking the program expectations or other conditions of the participant's criminal judgment
7. Violence or threats of violence directed at other participants, treatment VTC team members, members of the community, victims, or other VTC team members
8. Have exhibited violent behavior or threats of violence toward self or others, or displayed inappropriate, disruptive behavior, or failed to cooperate with programming
9. Have refused to satisfactorily participate in program requirements
10. Have violated program expectations
11. Leave or take off from the program to evade the legal process

If terminated and on probation, a participant's probation may be revoked and re-sentenced.

I understand that failure to follow these expectations may result in consequences and may result in a return to court for a review of the conditions of my release and/or probation or changes to my sentence. I understand that the Veterans Treatment Coordinator has the authority to report violations to the court should I fail to abide by the terms of this agreement.

Participant

Date

Program Coordinator

Date

Distribution: Original to file

Copy to participant

Form Updated: 3/7/2025

Northeast Central Judicial District



Veterans Treatment Court Application/Evaluation/Intake Form

Name: _____

Print: Last, First, and Middle Initial

CASE INFORMATION:

First Case Number and Charge: _____

Date of Charge: _____ Scheduled Court Date: _____

Second Case Number and Charge: _____

Date of Charge: _____ Scheduled Court Date: _____

Attorney's name and phone number with area code:

PERSONAL INFORMATION:

Date of Birth (MM/DD/YYYY): _____ Place of Birth: _____

Gender: M/F (circle one) Ethnicity (circle one): Hispanic/Black/White/Native American/Other

Marital Status (circle one): Married/Divorced/Separated/Widowed/Single

Spouse's name _____ DOB _____ Date of Marriage _____

Spouse's occupation _____ Employment _____

Children: Y/N (circle one): If yes, age(s): _____

Children in home _____

Children not living with you _____

Providing financial support? YES/NO

US Citizen (circle one): YES/NO If no: Visa/Resident Alien # _____

Language (s): _____

Local Address: _____

Street City State Zip

Mailing Address (if different): _____

Street City State Zip

How long at current address? _____ Phone: _____ Cell: _____

Length of Residency in Grand Forks or Nelson County or County Currently Residing in (note this county): _____ County: _____

Driver's License or State Identification number: _____

Do you have a CDL? Circle one: YES/NO If Yes: CDL# _____

Vehicles Owned (Year/Make/Model) _____

LIVING SITUATION

If homeless last year, how many days were you homeless in the last year? _____

What type of Residence are you living in now? (circle one):

Private home, Board and Care, or other _____

Other adults in the home (name/relationship): _____

Anyone in the home:

Using drugs or alcohol? _____

On probation/parole? _____

Is the defendant or anyone in the home affiliated with any gang? _____

Any weapons in home? _____ Dogs: _____

Plans for Transportation? _____

Parent's Names: _____

Parent's Address _____

Street Apt. # City State Zip

EMPLOYMENT AND EDUCATION

Are you currently employed? YES/NO; Start date: _____ Full/Part-Time?

Employer _____

Employer's address _____

Work Phone Number _____ Job Title _____

Longest period of employment _____ Reason for leaving: _____

Highest grade completed _____ Trade school or college _____

What job skills do you have? _____

Are you receiving government aid? YES/NO Type/Amount: _____

Are you willing to reside in Grand Forks/Nelson County during the entire program? YES/NO

If no, explain _____

Signature: _____ Date signed: _____

MILITARY INFORMATION:

Possession of DD Form 214: Y/N (circle one) Branch of Service _____

Entry Date(s): _____ Discharge Date: _____

Discharge Type: _____ Rank upon discharge: _____

Military Occupational Specialties: _____

Period(s) of Combat: _____

Combat deployments (Zones): Vietnam DS/DS OEF OIF OND (Circle all that apply)

Contingency: Grenada, Panama, Somalia, Haiti, Bosnia, Kosovo (Circle all that apply)

MILITARY HISTORY

Branch: _____ Deployed: 1 _____ From _____ to _____

Years of Service: _____ to _____ 2 _____ From _____ to _____

Combat: ___ Non-Combat ___ 3 _____ From _____ to _____

Year of Discharge _____ VA Services _____

Type of Discharge _____ Diagnosis _____ PTSD ___ TBI ___

Diagnosed military service-related mental illness, traumatic brain injury, substance abuse disorder, or psychological problem: Y/N (circle one).

Describe diagnosed military service-related issue: _____

Prior diagnosis/treatment (when and where): _____

Supporting Documentation (describe and attach): _____

Additional information/mitigation (describe and attach): _____

Diagnosis verified by Veterans Justice Outreach Clinician (VJO): Y/N (circle one)

DRUG/ALCOHOL HISTORY

Drugs of Choice 1. _____ 2. _____ 3. _____ 4. _____

Alcohol of Choice 1. _____ 2. _____ 3. _____ 4. _____

Age of 1st Use 1. _____ 2. _____ 3. _____ 4. _____

Frequency of Use 1. _____ 2. _____ 3. _____ 4. _____

Amount of Use 1. _____ 2. _____ 3. _____ 4. _____

Date of Last Use 1. _____ 2. _____ 3. _____ 4. _____

Longest period of sobriety _____ When? _____

Methods used to remain sober _____

Outpatient treatment programs used _____

Ever been in any residential program? _____

Current medical issues and medications: _____

Ever been treated, hospitalized, or medicated for mental health issues? YES/NO
Explain (dates of treatment/diagnosis/meds): _____

History of violence _____

Suicidal Ideation _____

Homicidal Ideation _____

CANDIDATE'S STATEMENT AS TO WHY THEY SHOULD BE ACCEPTED INTO VTC:

I certify that the foregoing statements are true.

Printed and Signed Name: _____

Date signed: _____

VTC TEAM MEMBERS USE ONLY

Ct. Case #'s _____ Date _____

ELIGIBILITY:

Arresting Agency _____ Offense _____

In Custody? Yes/No Booking # _____

Priors:

Involving violence or weapons? YES NO

Explain _____

Involving drugs or alcohol? YES NO

Explain _____

Involving domestic violence, sexual abuse/misconduct, or terrorizing? YES NO

Explain _____

Grants of formal probation/parole? YES NO

Explain _____

Pending case in Grand Forks/Nelson or any other jurisdiction? YES NO

Explain _____

Legal resident of Grand Forks or Nelson County? YES NO

Explain _____

Does the client acknowledge a diagnosed mental illness? YES NO

Explain _____

Willing/capable of complying with the requirements of Veterans Court? YES NO

Explain _____

ASSESSMENT

Recommended for the program? YES/NO/PENDING Risk Level: HIGH/MED/LOW

Comments (include reasons for not recommending the candidate) _____

Accepted by the Court? YES/NO/CONTINUED

Court Date: _____

Northeast Central Judicial District's Veterans Treatment Court
CONSENT TO EX PARTE COMMUNICATIONS BY THE COURT

_____, PARTICIPANT

1. Expectation 2.9(A) of the North Dakota Code of Judicial Conduct states that a judge shall not initiate, permit, or consider ex parte communications (communications with only one party when the other party is absent – for example, a defendant talking to the judge about the defendant's pending case when the prosecutor/state's attorney is not present), or consider other communications made to the judge outside the presence of the parties or their lawyers (such as a letter or email from the prosecutor/state's attorney to the judge without a defendant/defendant's attorney's knowledge), concerning a pending or impending matter, except as follows:
 - (4) With the consent of all parties, the judge and court personnel may have ex-parte communication with those involved in a specialized court team. Any party may expressly waive the right to receive that information.
2. I _____, have read and understand the above limitations imposed on the judge presiding in treatment court.
3. I understand that for purposes of Expectation 2.9 Northeast Central Judicial District's Veterans Treatment Court is a specialized court and that representatives from the state's attorney's office, law enforcement, and parole and probation are members of the treatment court team and will discuss my case in the absence of me and/or my attorney.
4. ___ I have discussed this with my attorney and s/he consents to me signing; or
5. ___ I have not discussed this with my attorney before signing this waiver. I understand that I have the right to discuss this with my attorney before doing so and I specifically waive my right to discuss this with my attorney before signing.
6. I understand that the VTC court coordinator and VTC team members cannot give me legal advice and have not done so prior to my signing this waiver.

Dated this _____ day of _____, 20____.

Participant's Signature

Participant's Attorney Signature

Assistant State's Attorney Signature

Veterans Treatment Court

Northeast Central Judicial District Court of Grand Forks County

Donald Hager

Kim Higgs

District Court Judge

Court Coordinator

Notice to Medical Professionals

Re: _____

Dear Medical Professional:

Please be advised that the above-referenced patient is a participant in the Northeast Central Judicial District's Veterans Treatment Court program, a voluntary program that combines alcohol and drug treatment services with judicial supervision.

Admission to this program is based in part on a current diagnosis of substance use disorder as defined in the DSM-V.

Participants are required to inform all medical professionals from whom they may receive treatment of their involvement in this program. Our policies also require that participants disclose to you that they are in recovery and may not take narcotic or addictive medications without prior approval from the Veterans Treatment Court for two main reasons: the danger of cross-addiction and the possibility of conflicts with our drug testing protocol.

We ask that this participant's sensitivity to drugs of abuse be considered when prescribing medications or administering injections related to his or her treatment. We also ask that you consider:

- Any past abuse of pain relievers, possibly resulting in increased tolerance
- Prescribing only non-narcotic and non-synthetic pain relievers
- Limiting the number of narcotic pain relievers to the minimum necessary
- Limiting the number of refills available
- Recommending non-medical coping strategies for anxiety/sleep issues instead of prescribing Xanax, Valium, Ativan, Halcion, Deseryl, Ambien, etc.

We feel that our participant's close, honest communication with you is a key component in their achievement of stabilized recovery. Please sign below to indicate that the participant gave you this letter and then return it to him/her. We very much appreciate your consideration and cooperation in this matter.

Sincerely,
Kim Higgs, Court Coordinator

The above-named patient presented this letter to me on (date): _____, 20____,

Physician Signature: _____

**Veterans Treatment Court
Northeast Central Judicial District Court of Grand Forks County**

General Release of Information

This is a consent for release of information regarding: _____

Social Security # _____ Date of Birth _____

I authorize _____ to release or obtain (Circle one)

the following specific information (such as employment verification):

This information may be used only for:

I understand I have the right to see this information at any time. I understand that I can revoke this consent in writing to both the person/agency giving and the person/agency receiving information. Any information already released may be used as stated in the consent. I understand the requested or provided information is needed for purposes involving Grand Forks County Veterans Treatment Court.

This consent is valid until: _____

This consent is not automatically renewable. It expires automatically at the end of the period specified unless revoked in writing sooner. By my signature below, I affirm that I have read this release or it has been read to me, and I understand its content.

Participant's Printed Name: _____

Participant's Signature: _____ Date: _____

Signature of Defense Counsel: _____ Date: _____

**Consent For The Release Of Confidential Information: Substance Abuse Treatment
Veterans Treatment Court**

I, _____ Date of Birth _____
(Printed First and Last Name)

Hereby consent to communication between (Name and address of treatment program):

And the Northeast Central Judicial District Judge, Veterans Treatment Court as well as: Assistant State's Attorney; Defense Attorney/Public Defender; Veterans Treatment Court Coordinator, and the Northeast Central Judicial District's Veterans Treatment Court Team.

The purpose of and need for this disclosure is to inform the Courts and other above-named parties of my eligibility and/or acceptability for substance abuse services, and my treatment attendance, prognosis, compliance, and progress per the Veterans Treatment Court monitoring criteria.

Information to be shared includes chemical use assessment, treatment plans, attendance, participation, progress reports, drug and alcohol testing results, discharge summaries, and other relevant information.

I understand that my records are protected under the Federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records 42 U.S.C. 1320d *et seq.*, 45 C.F.R. Parts 160 and 164, and the Confidentiality Law, 42, U.S.C. 290dd-2, 42C.F.R. Part 2 and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), and cannot be disclosed without my written consent unless otherwise provided for in the regulations. Disclosure of this confidential information may be made only as necessary for and pertinent to hearings and/or reports concerning this case number. I also understand that this consent will remain in effect and cannot be revoked by me until there has been a formal and effective termination of my involvement with the Treatment Court for the case named above, such as the discontinuation of all court and probation supervision upon my successful completion of the Treatment Court requirements, or upon sentencing for violating the terms of my Treatment Court involvement or probation. Recipients of this information may re-disclose this information only in connection with their official duties.

Participant's Signature: _____ Date: _____

Signature of Defense Counsel: _____ Date: _____

Deliver this form to Kim Higgs, Veterans Treatment Court Coordinator, at 701-787-2760 within 24 hours of completing this form.

A copy of this form will be provided to SAO

**Consent For The Release of Confidential Information: General Referral
Veterans Treatment Court**

I, _____ Date of Birth: _____
(Printed First and Last Name)

Hereby consent to communication between (name of Facility and address): _____

_____ and Hon. Donald Hager, Grand Forks County State's Attorney's Office, the North Dakota Department of Corrections - Division of Field Services,
and _____ (Defense Counsel).

The purpose of, and need for this disclosure is to inform the court and all other named parties of my eligibility and/or acceptability for the substance abuse treatment services and my treatment attendance, prognosis, compliance, and progress per the Northeast Central Judicial District's Veterans Treatment Court program's monitoring criteria.

Disclosure of this confidential information may be made only as necessary for, and pertinent to, hearings and/or reports concerning (list charges and case number):

I understand that this consent will remain in effect for one year from signature and cannot be revoked by me until there has been a formal and effective termination of my involvement with the treatment court program for the above-referenced case, such as the discontinuation of all court supervision upon my successful completion of the Veterans Treatment Court requirements OR upon sentencing for violating the terms of my Veterans Treatment Court involvement.

I understand that any disclosure made is bound by Part 2 of Title 42 of the Code of Federal Regulations, which governs the confidentiality of substance abuse patient records, and that recipients of this information may re-disclose it only in connection with their official duties.

I also understand that for research purposes, information will be gathered and utilized for program analysis and protection under Part 2 of Title 42 CFR applies.

Participant's Signature: _____ Date: _____

Signature of Defense Counsel: _____ Date: _____

Deliver this form to Kim Higgs, Veterans Treatment Court Coordinator, at 701-787-2760 within 24 hours of completing this form.

A copy of this form will be provided to SAO

**Consent for Disclosure of Confidential Mental Health Information:
Veterans Treatment Court Referral**

I, _____, Date of Birth _____,

(Printed First and Last Name)

Hereby consent to communication between (name of Facility and address):

_____ and Northeast Central Judicial District Court Judge, and the District Court, Grand Forks County State's Attorney's Office, the North Dakota Department of Corrections-Adult Services Parole and Probation, the Veterans Treatment Court Team, and Defense Counsel.

The purpose of, and need for, this disclosure is to inform the court and all other named parties of my eligibility and/or acceptability for physical or mental health issues, substance abuse treatment services, and my treatment attendance, prognosis, compliance, and progress by the Veteran Wellness Court program's monitoring criteria.

Disclosure of this confidential information may be made only as necessary for, and pertinent to, hearings and/or reports concerning (list court case number and charges): _____

I understand that this consent will remain in effect and cannot be revoked by me until there has been a formal and effective termination of my involvement with the Veteran Wellness Court Program for the above-referenced case, such as the discontinuation of all court supervision upon my successful completion of the drug court requirements OR upon sentencing for violating the terms of my drug court involvement.

I understand that any disclosure made is bound by Part 2 of Title 42 of the Code of Federal Regulations, which governs the confidentiality of substance abuse patient records, and that recipients of this information may re-disclose it only in connection with their official duties.

I also understand that for research purposes, information will be gathered and utilized for program analysis and protection under Part 2 of Title 42 CFR applies.

Participant's Signature: _____ Date: _____

Signature of Defense Counsel: _____ Date: _____

Deliver this form to Kim Higgs, Veterans Treatment Court Coordinator, at 701-787-2760 within 24 hours of completing this form.

A copy of this form will be provided to SAO

NOTICE:

There is an ROI for the VA that will need to be signed. The document is only available via PDF and is unable to be copied into this manual.

COVER SHEET – PRELIMINARY STAFFING

Client: Case number:	DOB:	Date:	LSI-R date: Risk:
Checklist item	Comments		
Application Form			
Admission Form			
Court Required Forms			
ROIs			
Documentation - DD Form 214, or equivalent			
Plea agreement			
Treatment Plan			
Treatment Court Order (form)			
Attorneys Notified			
Outside Agencies			
Other comments			
Initial Staffing			

Grand Forks/Nelson County Treatment Court Weekly Team Reports DATE:

VTC Start Date:

Phase ____ Minimum Guidelines:

- Attend weekly court sessions
- Receive random home visits and drug/alcohol screens
- Maintain recovery network through attendance at, at least, two weekly pro-social activities and/or recovery support groups.
- Have at least __ days without a major violation immediately before approval to advance to Phase __.
- Comply with supervision and meet with PO as instructed and in the process of repaying all fees/fines/obligations to the court and restitution.
- Actively participate in treatment and show up for all appointments
- Minimum of __ continuous days of sobriety to advance to Phase __.

PHASE 1 (14 days)	DAYS IN PHASE:	PHASE SOBRIETY DAYS:	Program sobriety days: Overall sobriety days:
Name:	Employer:/School:	Important Dates: Next court date:	
Date of birth:			

REPORTS

Treatment Report:

Probation Report (to include UA/alcohol testing results and financial obligations owed):

Mentor Report:

Coordinator Report:

Violations:

Prescribed Medications:

Service adjustments:

Incentive and date:

Phase goals (starting with Phase Two):

Participant:

Case #:

Date:

Attorneys:

Probation ends:

Probation Officer:

Special Conditions:

Completed:

Veterans Treatment Court Order – Weekly Court Order

Date: _____ Present in court: _____

Job/Employment: _____

School (GED): _____

Higher Education: _____

Ordered Conditions for next court appearance:

Corrective Actions/Adjustments: _____

Phase:

Phase: _____ Sobriety days (Phase/Program): _____ Violation: _____

Appointment(s)/Groups this week:

Date: _____ Time: _____ Appointment/Group: _____

Assignment(s) this week:

Date due: _____ Assignment: _____

Next court date and time: _____

I will comply with the court-ordered requirements: _____

PARTICIPANT'S SIGNATURE

Judge of District Court – Signature: _____

State of North Dakota

NORTHEAST JUDICIAL DISTRICT

COUNTY OF GRAND
FORKS/NELSON

State of North Dakota,

)

)

Case Number: _____

Plaintiff,

)

)

ORDER GRANTING

v.

)

STIPULATION FOR PARTICIPATION

)

**IN THE VETERANS TREATMENT
COURT PROGRAM**

)

)

Defendant.

)

[1] The Court, having given due and careful consideration of the Parties' Stipulation for Participation in the Veterans Treatment Court, hereby issues the following Order:

[2] **IT IS HEREBY ORDERED** that the Parties' Stipulation is GRANTED and the Defendant is hereby accepted into the Grand Forks/Nelson County Veterans Treatment Court.

Veterans Treatment Court Judge

Dated this _____ day of _____, 20__.

State of North Dakota,)
)
 Plaintiff,) Case Number: _____
)
) **ORDER CONFIRMING VETERANS**
) **TREATMENT COURT COMPLETION**
)
 v.)
)
)
)
 Defendant.)

[¶1] Based upon the Defendant’s successful completion of Veterans Treatment Court:
 _____ the Defendant’s Felony conviction shall now be deemed a Misdemeanor conviction pursuant to N.D.C.C. § 19-03.1-23(10) or 39-08-01.5(2).
 _____ the Defendant’s Misdemeanor conviction shall now be dismissed pursuant to N.D.C.C. § 19-03.1-23(11) or 39-08-01.5(3) and the file sealed in accordance with N.D.C.C. § 12.1-32-07.2.
 _____ the Defendant is not eligible for a reduction in offense level or dismissal of charges.

[¶2] The Court orders:
 _____ the remaining fines, fees, and costs shall be docketed to a civil judgment pursuant to N.D.C.C. § 29-26-22.1.
 _____ the Defendant shall remain obligated to pay any outstanding fines, fees, and costs while continuing under the above-ordered term of unsupervised probation.
 _____ the Defendant has satisfied his or her obligation to pay all outstanding fines, fees, and costs and no additional action or Court Order is necessary in this regard.

Veterans Treatment Court Judge _____

Dated this _____ day of _____, 20__.

State of North Dakota

NORTHEAST JUDICIAL DISTRICT

COUNTY OF GRAND
FORKS/NELSON

State of North Dakota,

)

)

Case Number: _____

Plaintiff,

)

)

ORDER FOR CONSEQUENCES

v.

)

VETERANS TREATMENT COURT

Defendant.

)

[1] The above-named Defendant appeared for a Veterans Treatment Court Post-Sentence Review Hearing. A court sanction was imposed for violation of a condition of Veterans Treatment Court or probation to include:

- o Failure to complete the Veterans Treatment Court Orientation or Veterans Treatment Court Evaluation/Intake;
- o Failure to maintain full-time employment or education;
- o Failure to complete community service hours or other conditions of the judgment;
- o Failure to appear for Veterans Treatment Court Review Hearings;
- o Termination from Community Service/ _____ Programing; and/or
- o Re-arrest for a new criminal charge

{2} The Defendant is ordered to:

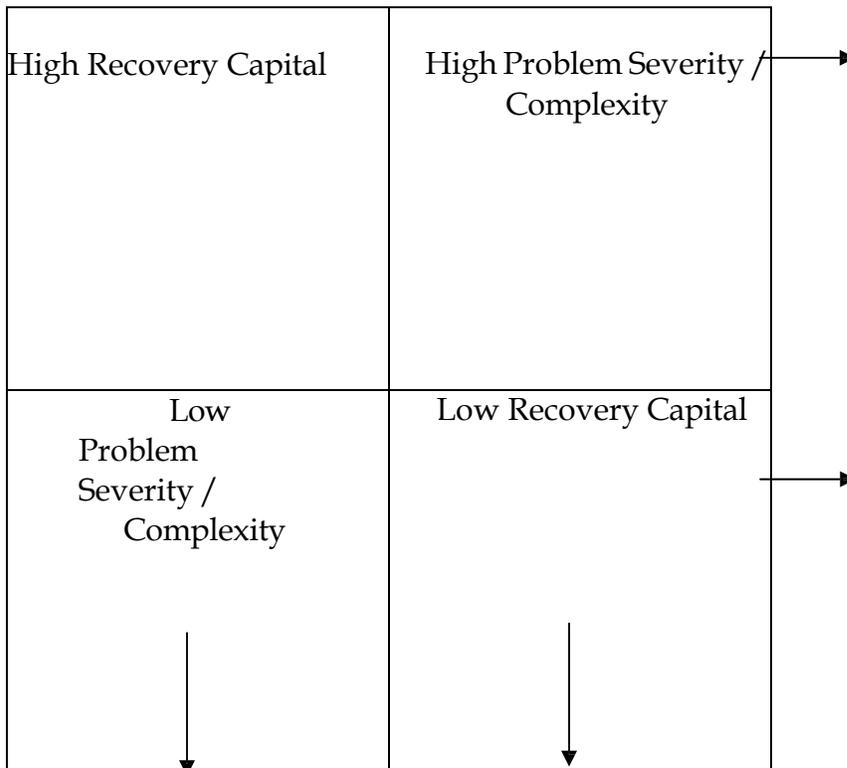
- o Complete ____ hours of community service. The defendant must contact Community Service and Restitution Office, 311 S 4th St, Suite 201, Grand Forks, ND 701-775-3403 within in 48 hours. Hours are to be completed at a rate of not less than 10 hours per month.
- o Serve ____ days at the Grand Forks County Correction Center. The defendant is to report to the Grand Forks County Correctional Center on _____ at _____ a.m./p.m.

Veterans Treatment Court Judge

Dated this _____ day of _____, 20__.

Recovery Capital Scale and Plan

Robert Granfield and William Cloud introduced and elaborated on the concept of “recovery capital” in a series of articles and a 1999 book, *Coming Clean: Overcoming Addiction without Treatment*. They define recovery capital as the volume of internal and external assets that can be brought to bear to initiate and sustain recovery from alcohol and other drug problems. Recovery capital, or recovery capacity, differs from individual to individual and differs within the same individual at multiple points in time. Recovery capital also interacts with problem severity to shape the intensity and duration of supports needed to achieve recovery. This interaction dictates the intensity or level of care one needs in terms of professional treatment and the intensity and duration of post-treatment recovery support services. The figure below indicates how these combinations of problem severity and recovery capital could differ.



Clients with high problem severity but very high recovery capital may require few resources to initiate and sustain recovery than an individual with moderate problem severity but very low recovery capital. Where the former may respond very well to outpatient counseling, linkage to recovery mutual aid groups and a moderate level of ongoing supervision, the latter may require a higher intensity of treatment, greater enmeshment in a culture of recovery (e.g., placement in a recovery home, greater intensity of mutual aid involvement, involvement in recovery-based social activities), and a more rigorous level of ongoing monitoring and supervision.

Traditional addiction assessment instruments do a reasonably good job of evaluating problem severity and some of the newer instruments improve the assessment of problem complexity (e.g., co-occurring medical/psychiatric problems), but few instruments measure recovery capital. The scale on the following page is intended as a self-assessment instrument to help a client measure his or her degree of recovery capital. The scale can be completed and discussed in an interview format, or it can be completed by the client and then discussed with the professional helper.

References

Cloud, W. (1987). From down under: A qualitative study on heroin addiction recovery.

Ann Arbor, MI: Dissertation Abstracts.

Cloud, W. & Granfield, R. (1994). Natural recovery from addictions: Treatment implications. *Addictions Nursing, 6*, 112-116.

Cloud, W. & Granfield, R. (1994). Terminating addiction naturally: Post-addict identity and the avoidance of treatment. *Clinical Sociology Review, 12*, 159-174.

Cloud, W. & Granfield, R. (2001). Natural recovery from substance dependency: Lessons for treatment providers. *Journal of Social Work Practice in the Addictions, 1*(1), 83-104.

Granfield, R. & Cloud, W. (1996). The elephant that no one sees: Natural recovery among middle-class addicts. *Journal of Drug Issues, 26*(1), 45-61.

Granfield, R. & Cloud, W. (1999). *Coming Clean: Overcoming Addiction Without Treatment*. New York: New York University Press.

Recovery Capital Scale

Place a number by each statement that best summarizes your situation.

- 5. Strongly Agree
- 4. Agree
- 3. Sometimes
- 2. Disagree
- 1. Strongly Disagree

- 1. I have the financial resources to provide for myself and my family.
- 2. I have personal transportation or access to public transportation.
- 3. I live in a home and neighborhood that is safe and secure.
- 4. I live in an environment free from alcohol and other drugs.
- 5. I have an intimate partner supportive of my recovery process.
- 6. I have family members who are supportive of my recovery process.
- 7. I have friends who are supportive of my recovery process.
- 8. I have people close to me (intimate partner, family members, or friends) who are also in recovery.
- 9. I have a stable job that I enjoy and that provides for my basic necessities.
- 10. I have an education or work environment that is conducive to my long- term recovery.
- 11. I continue to participate in a continuing care program of an addiction treatment program, (e.g., groups, alumni association meetings, etc.)
- 12. I have a professional assistance program that is monitoring and supporting my recovery process.
- 13. I have a primary care physician who attends to my health problems.
- 14. I am now in reasonably good health.
- 15. I have an active plan to manage any lingering or potential health problems.
- 16. I am on prescribed medication that minimizes my cravings for alcohol and other drugs.
- 17. I have insurance that will allow me to receive help for major health problems.
- 18. I have access to regular, nutritious meals.
- 19. I have clothes that are comfortable, clean and conducive to my recovery activities.
- 20. I have access to recovery support groups in my local community.
- 21. I have established close affiliation with a local recovery support group.
- 22. I have a sponsor (or equivalent) who serves as a special mentor related to my recovery.

- ___ 23. I have access to Online recovery support groups.
- ___ 24. I have completed or am complying with all legal requirements related to my past.
- ___ 25. There are other people who rely on me to support their own recoveries.
- ___ 26. My immediate physical environment contains literature, tokens, posters or other symbols of my commitment to recovery.
- ___ 27. I have recovery rituals that are now part of my daily life.
- ___ 28. I had a profound experience that marked the beginning or deepening of my commitment to recovery.
- ___ 29. I now have goals and great hopes for my future.
- ___ 30. I have problem solving skills and resources that I lacked during my years of active addiction.
- ___ 31. I feel like I have meaningful, positive participation in my family and community.
- ___ 32. Today I have a clear sense of who I am.
- ___ 33. I know that my life has a purpose.
- ___ 34. Service to others is now an important part of my life.
- ___ 35. My personal values and sense of right and wrong have become clearer and stronger in recent years.

Possible Score 175 My Score:

Item numbers on which I scored the lowest (1s & 2s): _____

Item numbers on which I scored the highest (4s & 5s) _____

Item numbers on which I scored mid-range (3s) _____

Recovery Capital Plan

After completing and reviewing the Recovery Capital Scale, complete the following.

In the next year, I will increase my recovery capital by doing the following:

Goal # 1: _____

Goal # 2: _____

Goal # 3: _____

Goal # 4: _____

My Recovery Capital "To Do" List

In the next week, I will do the following activities to move closer to achieving the above goals:

TD 1.

TD 2.

TD 3.

TD 4.

TD 5.

Criminal Thinking Errors Worksheet

1. What are some of the thinking errors that prevent you from taking personal responsibility?

2. How do you express your anger?

3. How do you prepare yourself for disappointments in life?

4. What steps do you take to avoid conflict in your daily life?

Criminal Thinking Errors Worksheet (Continued)

5. How do you express yourself emotionally?

6. What are some of the lack of responsibility actions you engage in?

7. What are some of the lack of responsibility behaviors you engage in?

8. What are some of the self-destructive thoughts you engage in?

Criminal Thinking Errors Worksheet (Continued)

9. How have the people around you been affected by your distorted thoughts and behaviors?

10. What activities are of interest to you?

11. Identify ways your distorted thoughts can be changed to positive thoughts.

Distorted Thoughts	Positive Thoughts

12. How can you develop a sustaining moral conscience in your life?

Participant's Signature and date: _____

Counselor or Case Manager's Signature and date: _____

Criminal Thinking Errors Worksheet (Continued)

References:

Happytherapy.com:

College of Policing. (© 2022). Cognitive Behavioural Therapy (CBT). Available at: <https://www.college.police.uk/research/crime-reduction-toolkit/cbt>. [Accessed November 29, 2022]

The Criminal Thinking Therapy Resource Site. (© 2022). Criminal Thinking. Available at: <https://www.criminalthinking.net/tag/criminal-thinking/>. [Accessed November 29, 2022]

The Criminal Thinking Therapy Resource Site. (© 2022). Thinking Errors. Available at: <https://www.criminalthinking.net/tag/thinking-errors-2/>. [Accessed November 29, 2022]

URL accessed 12/22/2023.

Incentive Worksheet

Name: _____

Date: _____

1. Please list three of your favorite snacks:

a. _____

b. _____

c. _____

2. Please list three of your favorite sober things to do at home and/or with friends:

a. _____

b. _____

c. _____

3. Please list three of your favorite recreation/leisure activities:

a. _____

b. _____

c. _____

4. Please list three of the places, or outings, that you like to do:

a. _____

b. _____

c. _____

5. Please list three social activities you like to participate in:

a. _____

b. _____

c. _____

6. Please list three things you'd like to try:

d. _____

e. _____

f. _____

7. During your free time, what are three things you enjoy doing?

a. _____

b. _____

c. _____

8. Who are the four people that support your recovery?

a. _____

b. _____

c. _____

d. _____

9. What sort of things would you like to see as a court incentive?

a. _____

b. _____

c. _____

10. What are three things you would buy if you had \$20?

a. _____

b. _____

c. _____

Application for Phase 2

You MUST meet the following criteria to Phase Up (place an "X" if the task is completed):

Name: _____ Date Turned in: _____

(Coordinator's initials _____, date _____; all journal/assignments received _____)

You have been in Phase 1 for a minimum of **14** days. Date contracted into the Veterans Treatment Court: _____

You have a minimum of **14** consecutive days of sobriety. Sobriety date: _____

You are engaged in treatment and attending regularly?

Counselor or Case Manager verification signature:

Are you in compliance with supervision?

Probation or Parole Case Manager verification signature:

Are you engaged with VJO and your mentor (if one is assigned)?

VJO and Mentor verification signatures:

Identify 3 of your biggest struggles in Phase 1:

- _____
- _____
- _____

Identify 3 personal goals you would like to accomplish in the next phase:

- _____
- _____
- _____

Client Signature _____ Date _____

APPROVAL DATE: _____

Application for Phase 3

You MUST meet the following criteria to Phase Up (place an "X" if the task is completed):

Name: _____ Date Turned in: _____

(Coordinator's Initials ____, date _____; all journal/assignments received _____)

You have been in Phase 2 for a minimum of **30** days. Date entered Phase 2:

You have a minimum of **30** consecutive days of sobriety. Sobriety date: _____

You are engaged in treatment and attending regularly?
Counselor or Case Manager verification signature:

Are you in compliance with supervision?
Probation or Parole Case Manager verification signature:

Are you engaged with VJO and your mentor (if one is assigned)?
VJO and Mentor verification signatures:

Identify 3 of your biggest struggles in Phase 2:
○ _____
○ _____
○ _____

Identify 3 personal goals you would like to accomplish in the next phase:
○ _____
○ _____
○ _____

Client Signature _____ Date _____

APPROVAL DATE: _____

Application for Phase 4

You **MUST** meet the following criteria to Phase Up (place an "X" if the task is completed):

Name: _____ Date Turned in: _____

(Coordinator's initials _____, date: _____; all journal/assignments received _____)

You have been in Phase 3 for a minimum of **45** days. Date entered Phase 3:

You have a minimum of **45** consecutive days of sobriety. Sobriety date: _____

You are engaged in treatment and attending regularly?

Counselor or Case Manager verification signature:

Are you in compliance with supervision?

Probation or Parole Case Manager verification signature:

Are you engaged with VJO and your mentor?

VJO and Mentor verification signatures:

Engaged in recovery support groups? Group name:

Engaged in pro-social activities? What:

Identify 3 of your biggest struggles in Phase 3:

○ _____

○ _____

○ _____

Identify 3 personal goals you would like to accomplish in the next phase:

○ _____

○ _____

○ _____

Client Signature _____ Date _____

APPROVAL DATE: _____

Application for Phase 5

You MUST meet the following criteria to Phase Up (place an "X" if the task is completed):

Name: _____ Date Turned In _____

(Coordinator's initials _____, date: _____; all journal/assignments received _____)

In Phase 4 for a minimum of **90** days. Date entered Phase 4: _____

Have a minimum of **60** consecutive days of sobriety. Sobriety Date: _____

You are engaged in treatment and attending regularly?

Counselor or Case Manager verification signature:

Have you started the criminal thinking worksheets and discussed them with your case manager or counselor?

Counselor or Case Manager verification signature:

Are you in compliance with supervision?

Probation or Parole Case Manager verification signature:

Are you engaged with VJO and your mentor (if one is assigned)?

VJO and Mentor verification signatures:

Engaged in recovery support groups? Group name: _____

Engaged in pro-social activities? What:

Employed or going to school? Where: _____

Identify 3 of your biggest struggles in Phase 4:

○ _____

○ _____

○ _____

Identify 3 personal goals you would like to accomplish before completion:

○ _____

○ _____

○ _____

Client Signature _____ Date _____

APPROVAL DATE: _____

Application for Commencement

You MUST meet the following criteria to Phase Up (place an "X" if the task is completed):

Name: _____ Date Turned In _____

Current Address: _____

Phone: _____ Email: _____

(Coordinator's initials ____, date ____); all journal/assignments received __)

Approval date: _____

- In Phase 5 for a minimum of **90** days and at least **12** months in the VTC program.
Date entered phase 5: _____
- Have a minimum of **90** consecutive days of sobriety. Sobriety date: _____
- You are engaged in treatment and attending regularly? **Counselor or Case Manager verification signature:** _____
- Completed the criminal thinking errors worksheets and have discussed them with your counselor or case manager: **Counselor or Case Manager verification signature:** _____
- Are you in compliance with supervision? **Probation or Parole Case Manager verification signature:** _____
- Are you engaged with VJO and your mentor (if one is assigned)? **VJO and Mentor verification signatures:** _____
- Engaged in recovery support groups? Group name: _____
- Engaged in pro-social activities? What: _____
- Employed or going to school? Where: _____
- Presented continuing care plan to treatment court team?
- Identify 3 coping responses if triggered:
 - _____
 - _____
 - _____
- Identify 3 community resources you can reach out to if need additional support:
 - _____
 - _____
 - _____

Client Signature _____ Date _____

Veterans Treatment Court Travel/Event Request Form

This form must be completed and submitted to your Veterans Treatment Court coordinator one week before traveling within the state and two weeks before traveling out of state. Your request will then be forwarded to the judge for approval. **NOTE:** You are required to submit travel urinalysis before departure and when you arrive back in Grand Forks/Nelson County. If you are approved for travel and you do not go, you still have to take travel urinalysis. You may be required to pay for travel urinalysis if requested by the court.

Client Name: _____ Date of Request _____

Client Phone: _____ Probation Officer: _____

Dates of Travel and/or Event: Leaving date/time: _____ Returning Date/Time: _____

Travel/Event Location: _____

Purpose of Travel/Event Attending: _____

Contact Information at destination: Name: _____:

Phone: _____ Alt Phone: _____

Address: _____

Method of Travel: _____

If Driving: Make: _____ Model: _____ License Plate #: _____

If you do not have a valid Driver's License, who will be driving: _____

Client Signature: _____

Probation Officer's Signature: _____

Approved _____ Denied: _____ Conditions _____

Veterans Treatment Court Coordinator Signature: _____

Approved _____ Denied _____ Conditions: _____ Attend Meetings: _____

Documentation Required: _____

Signature of Approving Judge: _____ Date: _____

Request determination: Approved _____ Denied _____

Veterans Treatment Court Recovery/Well-Being Plan Worksheets

I WILL TAKE CARE OF MYSELF BY: *Think of basic self-care practices. Eating right, exercising, sleeping, and preventing mood swings.*

- a) My plans for taking care of my physical and mental health to help support my recovery are:

- b) My plans for meeting any ongoing legal issues are:

- c) My various plans to handle stressful situations and know what to do if a relapse does occur are:

- d) Other -

MY SUPPORT NETWORK CONSISTS OF: *Surround yourself with positive people and experiences.*

- a) People in my life who support me and my recovery are:

- b) My plans for social involvement and growth during my recovery are:

- c) My plans for family involvement and support for my recovery are:

- d) My plans for attending and being involved in a recovery support group are:

- e) Other-

I WILL WORK ON BUILDING MY SOCIAL NETWORK BY:

a) My plans for enhancing my spiritual well-being during my recovery are:

f) My plans for employment, vocational or educational needs are:

c) Other -

I WILL DEVELOP NEW ACTIVITIES AND INTEREST: *Find new hobbies, volunteer activities, or work that gives you a sense of meaning and purpose.*

a) My plans for being active in any recreation/leisure activities are:

b) My plans for employment, vocational or educational needs are:

c) Other -

I WILL CONTINUE MY TREATMENT BY: *Participate in a community support group like Alcoholics Anonymous or Narcotics Anonymous, getting and maintaining contact with a sponsor, or being involved in therapy or an outpatient treatment program.*

a) My plans for attending and being involved in a recovery support group are (please tell us about your home group and any supplemental groups you attend):

b) The following are things that I have recognized as relapse triggers. (A trigger is anything that causes the craving for the drug or alcohol. These usually have some connection to past usages, such as a drinking buddy.)

c) The ways that I have identified to cope with cravings/triggers are:

d) Other -

I WILL DEAL WITH STRESS IN A HEALTHY WAY: *Think of healthier ways to keep your stress level in check, including exercising, meditating, using sensory strategies to relax, practicing simple breathing exercises, and challenging self-defeating thoughts.*

a) My various plans to handle stressful situations and know what to do if a relapse does occur are:

Exit Interview

Please place an "X" in the appropriate box of why you are leaving the program

Graduating the Program: Terminated: Opting Out:

Entry Process

1. How did you first learn that this program was an option for you?

- Attorney In Custody
 Probation Officer Court
 Other: _____

2. Did you start this program in custody or were you out of custody and had pending your charges?

- In Detention/Jail when I entered
 Out of custody (Detention/Jail) when I entered
 In residential treatment

3. Why did you originally choose to come into this program?

- To get out of jail Treatment available
 Less incarceration time Support/structure
 Financial benefit Keep license
 Resources available No conviction
 Other _____

Court Aspect of This Program

4. How well was all the information about program expectations, regulations, and expectations explained to you?

Not at all Fair Average/Decent Good Explained well

5. What aspects of the court supervision do you feel were helpful (Please check ALL that you feel motivates you)?

- | | |
|--|--|
| <input type="checkbox"/> Positive interaction with the Judge | <input type="checkbox"/> Mentor |
| <input type="checkbox"/> Phasing up ceremonies | <input type="checkbox"/> Home visits |
| <input type="checkbox"/> Rewards/Incentives for reaching goals, and doing well | <input type="checkbox"/> Writing assignments/Journal |
| <input type="checkbox"/> Community Service/Work Crew | <input type="checkbox"/> Increasing court reporting |
| <input type="checkbox"/> Extra recovery support groups | <input type="checkbox"/> Threat of Detention/Jail |

Any additional comments on how or why something helped you?

6. What aspects of the court supervision do you feel were LESS helpful in motivating you (Please check ALL that apply)?

- | | |
|---|--|
| <input type="checkbox"/> Positive interaction with the Judge | <input type="checkbox"/> Mentor |
| <input type="checkbox"/> Phasing up ceremonies | <input type="checkbox"/> Home visits |
| <input type="checkbox"/> Rewards/Incentives for reaching goals and doing well | <input type="checkbox"/> Writing assignments/Journal |
| <input type="checkbox"/> Community Service/Work Crew | <input type="checkbox"/> Increasing court reporting |
| <input type="checkbox"/> Extra recovery support groups | <input type="checkbox"/> Threat of Detention/Jail |

Any additional comments on how or why something helped you?

Treatment Aspect of This Program

If in treatment during Veterans Treatment Court, please complete this area. Jump to the "Personal Experience in This Program Section" if not in treatment.

7. If participating in treatment, what aspect of treatment do you feel *HELPED* you? Please list/explain your answer below.

8. If participating in treatment, what aspect of treatment do you feel was *LEAST* helpful to you? Please list/explain your answer below.

9. Which of the following made it hard to be open and honest in treatment?

- Fear of stigma/peers judging me
- Trust in sharing sensitive information with providers
- Providers do not recognize the daily struggles of my life
- Providers do not understand my culture

10. While you have been in this program, have you been referred to Inpatient treatment?

- | | |
|--|--|
| <input type="checkbox"/> No | <input type="checkbox"/> Yes, but never went to inpatient |
| <input type="checkbox"/> I wasn't referred but I went to inpatient on my own | <input type="checkbox"/> Yes, and went to inpatient but did not complete |
| <input type="checkbox"/> Yes, and completed inpatient | <input type="checkbox"/> Yes, and went to inpatient twice |

List Inpatient Treatment Center Name and length of stay (# of months): _____

11. Before this program, have you been under the supervision of any of the following?

- | | |
|--|---|
| <input type="checkbox"/> Probation/Parole | <input type="checkbox"/> Out-patient treatment |
| <input type="checkbox"/> Inpatient treatment | <input type="checkbox"/> other treatment court programs |
| <input type="checkbox"/> Social Services/CPS | |

Personal Experience in This Program

12. Did you feel comfortable enough to be able to talk to at least one person on the treatment court team? Please select each member of the team that you feel comfortable sharing information with.

- | | |
|--|---|
| <input type="checkbox"/> Treatment Counselor/Case Manager | <input type="checkbox"/> Child Worker / CASA |
| <input type="checkbox"/> Treatment Court Coordinator | <input type="checkbox"/> Defense Attorney |
| <input type="checkbox"/> Law Enforcement | <input type="checkbox"/> Prosecuting Attorney |
| <input type="checkbox"/> Probation Officer | <input type="checkbox"/> Other Counselor (MH, DV, etc.) |
| <input type="checkbox"/> Judge | <input type="checkbox"/> Educator |
| <input type="checkbox"/> I don't feel comfortable sharing with anyone at this time | |
| <input type="checkbox"/> Other (please specify) _____ | |

13. Please tell us about a time when you or someone else was not respected in this program.

14. Did you receive service adjustment(s) or sanction(s) while in this program?

Please check ALL that apply to you.

	Community Service Work Crew	Extra meetings	Jail Detention	Written assignment	Curfew EHM
YES	<input type="checkbox"/> # Of hrs. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO	<input type="checkbox"/>				

Other (please specify) _____

15. Did you generally understand why people received service adjustments/sanctions in this program? Skip this question if #14 was NO.

Yes No

16. Did you receive incentives/recognition while in this program?

YES NO

Please share your ideas for rewards that would be helpful.

17. Was there ever a time you were not treated fairly in this program? Please explain your answer.

18. What difficulties/barriers have you experienced while in this program?

<input type="checkbox"/> Transportation	<input type="checkbox"/> Childcare
<input type="checkbox"/> Obtaining a driver's license	<input type="checkbox"/> Finances
<input type="checkbox"/> Education	<input type="checkbox"/> Employment
<input type="checkbox"/> Mental Health Counseling	<input type="checkbox"/> Lack of family/peer support
<input type="checkbox"/> Making appointments	<input type="checkbox"/> Obtaining State ID

18 (Continued). What difficulties/barriers have you experienced while in this program?

- | | |
|--|--|
| <input type="checkbox"/> Medications | <input type="checkbox"/> Sober housing |
| <input type="checkbox"/> Relating to/trust of VTC team members | <input type="checkbox"/> Medical/Dental issues |
| <input type="checkbox"/> Other counseling/classes | <input type="checkbox"/> Changing attitude/beliefs |
| <input type="checkbox"/> Recovery environment | <input type="checkbox"/> Neighborhood conditions |
| <input type="checkbox"/> Other (please specify) _____ | |

Did any of these difficulties make it hard to stay in this program?

19. Did you receive any extra services or help to overcome some of these barriers while in this program?

- YES NO

If YES, what did you receive? _____

20. Which community support groups do you attend?

- | | |
|---|---|
| <input type="checkbox"/> Alcoholics Anonymous | <input type="checkbox"/> Domestic Violence support |
| <input type="checkbox"/> Narcotics Anonymous | <input type="checkbox"/> Mindfulness Group |
| <input type="checkbox"/> Church / Youth Group | <input type="checkbox"/> Organized sober/recovery activities
(bowling, softball, retreats, campouts, etc.) |
| <input type="checkbox"/> Bible Study | |
| <input type="checkbox"/> SMART Recovery | |
| <input type="checkbox"/> Other (please specify) _____ | |

21. If used, how did community support help you in this program?

22. In your opinion, what are YOU most proud of in your life today?

23. What comments and/or changes would you like us to know about or think about for the program?

24. If you are opting out, why are you leaving the program?

Thank you!

Case Aide Meeting Record

***Items discussed:**

***Test Administered:**

U/A Result: _____

Oral Test Administered _____

Curfew (circle one): **Home** **Not Home**

Participant Signature _____ **Date** _____

Case-Aide Signature _____ **Date** _____

Northeast Central Judicial District Veterans Treatment Court

Mentor Volunteer Application Form

Name: _____ Email: _____

Address: _____ City: _____ Zip: _____

Phone (day): _____ Phone (evening): _____

Why do you want to be a Veteran Mentor?

What characteristics or qualities do you possess that would make you a good mentor for this program?

Have you ever been arrested? If so, explain.

Do you drink alcohol? If so, how often do you drink? How much do you drink?

Have you ever been addicted to drugs of any kind? If so, please explain.

Are you in recovery from drugs and/or alcohol?

Do you currently, or have you ever, suffered from Post-Traumatic Stress Disorder (PTSD)?

Have you ever had thoughts of self-harm or suicide?

What might other people say about you if asked about your character?

Past Volunteer Experiences (include organization/agency, position, and supervisor):

Employment (include most recent company, and position):

What are your hobbies, interests, and skills?

References: Please give the names, addresses, and phone/email of three non-family members who can provide references on your ability to perform this volunteer position.

1. _____
2. _____
3. _____

Branch of Service: (check one): Army Navy Marines Air Force Reserve Coast Guard Air National Guard Army National Guard

Dates of Service: From _____ to _____

Type of Discharge: _____ Retired? Yes No

Did you serve in a combat zone? Yes / No. If yes, which zone (s)?

Your primary position in the service? _____

Mentee Preference: Male or Female; Branch preference: Yes/No: If yes, branch:

Northeast Central Judicial District

Veterans Treatment Court Mentor Agreement

I _____ agree to the following to be a mentor in the Veterans Treatment Court of the Northeast Central Judicial District

- I will adhere to the Veterans Treatment Court (VTC) policies and procedures
- I commit to participation for a minimum of six months
- I will participate in mentor training provided by the VTC
- I will have contact with the veteran at least every two weeks via phone contact or at least monthly for face-to-face meetings.
- I will strictly avoid any drug use, sexual activities, or any other unlawful activities with the veteran
- I hereby allow the VTC to perform a check of my background, including criminal records, volunteer experience, military service, and personal references
- I will respect the veteran's privacy. I will not discuss his/her name, address, background, family relationships, or the nature of his/her problems outside of what is required for the VTC. I understand that confidentiality continues even if I cease to be a volunteer
- I will respect and preserve the confidentiality of information given to me by the veteran unless the veteran discloses an intent to harm any person, including self, or engage in unlawful activity. If I learn of such information, I will immediately notify the VTC mentor coordinator.

Signature _____ Date _____

BACKGROUND CHECK AUTHORIZATION

Please read this form carefully and sign in the space provided below. Your written authorization is required for the completion of the application process to serve as a **Peer Mentor**.

I hereby authorize the Northeast Central Judicial District Veterans Treatment Court and the Department of Veterans Affairs to investigate my background to evaluate my qualifications for the volunteer position of Veterans Treatment Court mentor for the Northeast Judicial District Court. I hereby consent to a criminal background check and release of any information and/or records held by any public agency, branch of the military, law enforcement office, business, employer, or other institution to evaluate my character and fitness for this volunteer position. I understand that I may withhold my consent and that in such a case, the application process is terminated and an investigation will not take place.

Print Full Name _____ Date _____

Date of birth: M/DD/YY _____ SSAN ____ - ____ - _____ or DOD ID

States of previous residence: _____

Signature: _____

Please include a copy of your DD214/NGB22 or DD215 (discharge document), with your application.

Please send this application and agreement to Northeast Central Judicial District, Veterans Treatment Court, Grand Forks County Courthouse, 124th So. 4th St., Grand Forks, ND, 58201

Mentee Information Form

Date assigned:

Name:	Marital Status:	Children:	Hometown:
Date of birth:	Driver's License: Yes/No	Military Service Branch Information: Retired: Yes/No	Education:

INFORMATION

Preferred contact method: Phone: _____ **Email:** _____

Nickname (if preferred):

Military Job Title and Rank:

Deployed: yes/no; if yes, where:

Synopsis of current charge:

Synopsis of current disposition:

Community Resources and Support Information

Grand Forks Workforce Center

1501 28th Avenue South
Grand Forks, ND 58201

Phone: 701-795-3700

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Fargo Workforce Center

1350 32nd Street South
Fargo, ND 58103

Phone: 701-239-7300

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Devils Lake Workforce Center

301 College Drive South
Devils Lake, ND 58301

Phone: 701-662-9300

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Veteran’s Employment Team Program:

Grand Forks Workforce Center

1501 28th Avenue South
Grand Forks, ND 58201

Phone: 701-795-3700

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Wounded Warriors:

Warriors to Work

<https://www.woundedwarriorproject.org/programs/warriors-to-work>

Nearest location: Chicago

Phone: 630-522-4774

Fax: 630-368-0648

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Social Security Administration

402 Demers Ave
Suite 300
Grand Forks, ND 58201
888-617-0456

Tuesday 10 AM-4 PM
Wednesday 10 AM-4 PM
Thursday 10 AM-4 PM
Friday 10 AM-4 PM
Saturday 10 AM - 7 PM
Sunday Closed
Monday 10 AM-4 PM

Medicaid (Must apply):

Grand Forks County Office Admin-Only Location

Phone: 701-787-8535
Website: <http://www.nd.gov/dhs/locations/countysocialserv/18.html>
Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Adult Education:

Grand Forks Adult Learning Center

500 Stanford Road
Grand Forks, ND 58203

Phone: 701-795-2777

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Food Shelf:

Grand Forks Salvation Army

1600 University Avenue
Grand Forks, ND 58203

Phone: 701-775-2597

Notes: Office closed from 11:30 to 1.

Saturday/Sunday: Closed

Monday: 9:00 AM - 2:30 PM CST

Tuesday: 9:00 AM - 2:30 PM CST

Wednesday: 9:00 AM - 2:30 PM CST

Thursday: 9:00 AM - 2:30 PM CST

Friday: 9:00 AM - 2:30 PM CST

Food Pantries:

St Joseph's Social Care and Thrift Store

620 8th Avenue South
Grand Forks, ND 58201

Phone: 701-795-8614

Friday/Saturday/Sunday: Closed

Monday: Closed

Tuesday: 2:00 PM - 4:00 PM CST

Wednesday: 2:00 PM - 4:00 PM CST

Thursday: 2:00 PM - 4:00 PM CST

Hope Church Community Care Center & Food Pantry

1726 South Washington Street
Suite S11
Grand Forks, ND 58201

Phone: 701-757-3480

Call to schedule an appointment Monday or Tuesday

Friday/Saturday/Sunday: Closed

Monday: 9:00 AM - 4:00 PM CST

Tuesday: 9:00 AM - 4:00 PM CST

Wednesday: 10:00 AM - 5:00 PM CST

Thursday: 5:00 PM - 7:00 PM CST

Great Plains Food Bank

1720 3rd Ave N
Fargo, ND 58102
701-232-6219
info@greatplainsfoodbank.org

Red River Valley Community Action

Tuesday’s by appointment (Clients must call by Monday, 4 pm)
1013 N 5th St (Enter through the alley)
701-746-5431
Grand Forks ND 5820

Northlands Rescue Mission

420 Division Avenue
Grand Forks, ND 58201

Phone: [701-772-6600](tel:701-772-6600) ext.206

Notes: Door 2

Sunday: Closed
Monday: 10:00 AM - 4:00 PM CST
Tuesday: 10:00 AM - 4:00 PM CST
Wednesday: 10:00 AM - 7:00 PM CST
Thursday: 10:00 AM - 4:00 PM CST
Friday: 10:00 AM - 4:00 PM CST
Saturday: Closed

Full Cart – Feeding Children

Admin Location only – must call or email

Phone: [888-891-6447](tel:888-891-6447)

Email: support@fullcart.org

Website: <https://www.fullcart.org>

Sunday: Closed
Monday: 7:00 AM - 4:00 PM CST
Tuesday: 7:00 AM - 4:00 PM CST
Wednesday: 7:00 AM - 4:00 PM CST
Thursday: 7:00 AM - 4:00 PM CST
Friday: 7:00 AM - 4:00 PM CST
Saturday: Closed

Emergency food:

American Red Cross Hero Care & Emergency Communications Center

Phone: [877-272-7337](tel:877-272-7337)

Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours
Wednesday: Open 24 Hours
Thursday: Open 24 Hours
Friday: Open 24 Hours
Saturday: Open 24 Hours

Silent Warrior Foundation (For Veterans)

Administration Location only:

Must Email –

silentwarriorfoundation@gmail.com

Sunday: Closed
Monday: 7:00 AM - 4:00 PM CST
Tuesday: 7:00 AM - 4:00 PM CST
Wednesday: 7:00 AM - 4:00 PM CST
Thursday: 7:00 AM - 4:00 PM CST
Friday: 7:00 AM - 4:00 PM CST
Saturday: Closed

Housing:

Housing vouchers (must apply):

Grand Forks Housing Authority

1405 1st Avenue North
Grand Forks, ND 58203
Phone: [701-746-2545](tel:701-746-2545)
Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

United Way of Grand Forks, East Grand Forks & Area

1407 24th Avenue South
Suite 400
Grand Forks, ND 58201
Phone: [701-775-8661](tel:701-775-8661)

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Red River Community Action

Homeless Veterans (Need to complete referral form)
4212 Gateway Drive
Grand Forks ND 58203
Phone: 701-746-5431

Community Action Partnership
Supportive Services for Veteran Families
1013 N 5th St
Grand Forks ND 58203
[701.746.5431](tel:701.746.5431)

Social Work Services – for Housing along with Stand Downs-Homeless Veterans and VA Supportive Housing

Veterans Health Administration (VHA) - Fargo VA Health Care System

2101 Elm Street North
Fargo, ND 58102
Phone: [800-410-9723](tel:800-410-9723)
Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours
Wednesday: Open 24 Hours
Thursday: Open 24 Hours
Friday: Open 24 Hours
Saturday: Open 24 Hours

Veterans Health Administration (VHA) - St. Cloud VA Medical Center

4801 Veterans Drive
St. Cloud, MN 56303
Phone: [320-252-1670](tel:320-252-1670)
Sunday: Closed
Monday: 8:00 AM - 4:30 PM CST
Tuesday: 8:00 AM - 4:30 PM CST
Wednesday: 8:00 AM - 4:30 PM CST
Thursday: 8:00 AM - 4:30 PM CST
Friday: 8:00 AM - 4:30 PM CST
Saturday: Closed

Veterans Health Administration (VHA) - Minneapolis VA Health Care System

1 Veterans Drive
Minneapolis, MN 55417
Phone: [612-725-2000](tel:612-725-2000)
Open 24 hours Monday - Sunday

Transportation:

St Joseph's Social Care

620 8th Avenue South
Grand Forks, ND 58201

Phone: 701-795-8614

Sunday: Closed

Monday: 8:00 AM - 5:00 PM CST

Tuesday: 8:00 AM - 5:00 PM CST

Wednesday: 8:00 AM - 5:00 PM CST

Thursday: 8:00 AM - 5:00 PM CST

Friday: 8:00 AM - 5:00 PM CST

Saturday: Closed

Veterans Health Administration (VHA) - Fargo VA Health Care System

2101 Elm Street North
Fargo, ND 58102

Phone: 800-410-9723

Sunday: Open 24 Hours

Monday: Open 24 Hours

Tuesday: Open 24 Hours

Wednesday: Open 24 Hours

Thursday: Open 24 Hours

Friday: Open 24 Hours

Saturday: Open 24 Hours

Veterans Health Administration (VHA) - St. Cloud VA Medical Center

4801 Veterans Drive
St. Cloud, MN 56303

Phone: 320-252-1670

Sunday: Closed

Monday: 8:00 AM - 4:30 PM CST

Tuesday: 8:00 AM - 4:30 PM CST

Wednesday: 8:00 AM - 4:30 PM CST

Thursday: 8:00 AM - 4:30 PM CST

Friday: 8:00 AM - 4:30 PM CST

Saturday: Closed

Veterans Health Administration (VHA) - Minneapolis VA Health Care System

1 Veterans Drive
Minneapolis, MN 55417

Phone: 612-725-2000

Sunday: Open 24 Hours

Monday: Open 24 Hours

Tuesday: Open 24 Hours

Wednesday: Open 24 Hours

Thursday: Open 24 Hours

Friday: Open 24 Hours

Saturday: Open 24 Hours

Health Care: Addiction treatment:

Ideal Option - Grand Forks

3301 30th Avenue South
Ste. #102
Grand Forks, ND 58201

Phone: 877-522-1275

Sunday: Closed
Monday: 7:30 AM - 6:00 PM CST
Tuesday: 7:30 AM - 6:00 PM CST
Wednesday: 7:30 AM - 6:00 PM CST
Thursday: 7:30 AM - 6:00 PM CST
Friday: Closed
Saturday: Closed

Ideal Option - Fargo

3345 39th Street South
Ste. #1
Fargo, ND 58104

Phone: 701-476-7200

Sunday: Closed
Monday: 7:30 AM - 6:00 PM CST
Tuesday: Closed
Wednesday: 12:00 PM - 8:00 PM CST
Thursday: 12:00 PM - 8:00 PM CST
Friday: Closed
Saturday: Closed

Ideal Option - Bismarck

549 Airport Road
Bismarck, ND 58504

Phone: 877-522-1275

Sunday: Closed
Monday: 7:30 AM - 6:00 PM CST
Tuesday: 7:30 AM - 6:00 PM CST
Wednesday: 7:30 AM - 6:00 PM CST
Thursday: 7:30 AM - 6:00 PM CST
Friday: Closed
Saturday: Closed

Indian Health Service - Bemidji

522 Minnesota Ave NW
Bemidji, MN 56601

Phone: 218-444-0452

Notes: States served: IL, IN, MI, MN, WI.

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Medication for Addiction Treatment (MAT)

Spectra Health
212 S 4th St Suite 301
Grand Forks, ND
701-757-2100
Spectrahealth.org

Community Medical Services
2424 32nd Ave Suite 102
Grand Forks, ND
855-203-6352
Communitymedicalservices.org

Ideal Option
3301 30th Ave S Suite 102
Grand Forks, ND
877-522-1275
Idealooption.com
Monday-Thursday Same day/walk-in

Addiction Counseling:

Agassiz Associates
2424 32nd Ave S Suite 202
Grand Forks, ND
701-746-6336
Agassizassociates.com
Accepts SUD vouchers and most insurance providers

Drake Counseling
311 4th St S Suite 106
Grand Forks, ND
701-757-3200
Drakecounselingservices.com
Accepts SUD vouchers and most insurance providers

NE Human Service Center
151 S 4th St Suite 401
Grand Forks, ND
701-795-3000
Crisis line: 800-845-3731
Walk-in assessments: Monday-Friday 8a-5p
Accepts ND residents regardless of ability to pay

Alluma (formerly NW Mental Health Center)
603 Bruce Street
Crookston, MN
218-281-3940
Crisis line: 800-282-5005
Serves clients from MN or ND; sliding fee scale

RiverView Recovery Center
210 Gateway Dr. NE Suite 4
218-230-0787
Accepts most insurance providers

Substance Use Disorder:

Veterans Health Administration (VHA) - Fargo VA Health Care System

2101 Elm Street North
Fargo, ND 58102

Phone: 800-410-9723

Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours
Wednesday: Open 24 Hours
Thursday: Open 24 Hours
Friday: Open 24 Hours
Saturday: Open 24 Hours

Veterans Health Administration (VHA) - St. Cloud VA Medical Center

4801 Veterans Drive
St. Cloud, MN 56303

Phone: 320-252-1670

Sunday: Closed
Monday: 8:00 AM - 4:30 PM CST
Tuesday: 8:00 AM - 4:30 PM CST
Wednesday: 8:00 AM - 4:30 PM CST
Thursday: 8:00 AM - 4:30 PM CST
Friday: 8:00 AM - 4:30 PM CST
Saturday: Closed

Veterans Health Administration (VHA) - Minneapolis VA Health Care System

1 Veterans Drive
Minneapolis, MN 55417

Phone: 612-725-2000

Sunday: Open 24 Hours
Monday: Open 24 Hours
Tuesday: Open 24 Hours
Wednesday: Open 24 Hours
Thursday: Open 24 Hours
Friday: Open 24 Hours
Saturday: Open 24 Hours

Women for Sobriety

Phone: 215-536-8026

Email: contact@womenforsobriety.org

Sunday: Open 24 Hours

Monday: Open 24 Hours

Tuesday: Open 24 Hours

Wednesday: Open 24 Hours

Thursday: Open 24 Hours

Friday: Open 24 Hours

Saturday: Open 24 Hours

Women Veteran's Healthcare

Veterans Health Administration (VHA) - Fargo VA Health Care System

2101 Elm Street North
Fargo, ND 58102

Phone: 800-410-9723

Sunday: Open 24 Hours

Monday: Open 24 Hours

Tuesday: Open 24 Hours

Wednesday: Open 24 Hours

Thursday: Open 24 Hours

Friday: Open 24 Hours

Saturday: Open 24 Hours

Veterans Health Administration (VHA) - St. Cloud VA Medical Center

4801 Veterans Drive
St. Cloud, MN 56303

Phone: 320-252-1670

Sunday: Closed

Monday: 8:00 AM - 4:30 PM CST

Tuesday: 8:00 AM - 4:30 PM CST

Wednesday: 8:00 AM - 4:30 PM CST

Thursday: 8:00 AM - 4:30 PM CST

Friday: 8:00 AM - 4:30 PM CST

Saturday: Closed

Veterans Health Administration (VHA) - Minneapolis VA Health Care System

1 Veterans Drive
Minneapolis, MN 55417

Phone: 612-725-2000

Sunday: Open 24 Hours

Monday: Open 24 Hours

Tuesday: Open 24 Hours

Wednesday: Open 24 Hours

Thursday: Open 24 Hours

Friday: Open 24 Hours

Saturday: Open 24 Hours

Health Education:

Affordable Healthcare (Medical/Dental): Spectra Health Grand Forks Medical

212 South 4th Street
Ste 301
Grand Forks, ND 58201

Phone: 701-757-2100

Sunday: Closed

Monday: 8:00 AM - 5:00 PM CST

Tuesday: 8:00 AM - 5:00 PM CST

Wednesday: 8:00 AM - 5:00 PM CST

Thursday: 8:00 AM - 5:00 PM CST

Friday: 8:00 AM - 5:00 PM CST

Saturday: Closed

Any Positive Change (APC) Project Syringe Service Program:

APC Program

212 South 4th Street
Grand Forks, ND 58201

Phone: 701-787-8129

Saturday/Sunday/Tuesday/Wednesday: Closed

Monday: 11:00 AM - 3:00 PM CST

Thursday: 11:00 AM - 3:00 PM CST

Friday: 3:30 PM - 5:30 PM CST

Amputee Support Group & Resource Center

Hanger Clinic: Prosthetics & Orthotics
<https://hangerclinic.com/patients/emotional-support/>

Sunday: Closed
Monday: 10:00 AM - 7:00 PM CST
Tuesday: 10:00 AM - 7:00 PM CST
Wednesday: 10:00 AM - 7:00 PM CST
Thursday: 10:00 AM - 7:00 PM CST
Friday: 10:00 AM - 7:00 PM CST
Saturday: Closed

Warrior Integration Now (WIN) by Mission 22

<https://mission22.com/programs/veterans>

Mission 22

17040 Pilkington Road
Suite 200
Lake Oswego, OR 97035

Sunday: Closed
Monday: 10:00 AM - 6:00 PM CST
Tuesday: 10:00 AM - 6:00 PM CST
Wednesday: 10:00 AM - 6:00 PM CST
Thursday: 10:00 AM - 6:00 PM CST
Friday: 10:00 AM - 6:00 PM CST
Saturday: Closed

50 Legs

<https://50legs.org/50legs.org/tps://50leghttps://50legs.org/s.org/Admin-Only>
Location

Sunday: Closed
Monday: 7:00 AM - 4:00 PM CST
Tuesday: 7:00 AM - 4:00 PM CST
Wednesday: 7:00 AM - 4:00 PM CST
Thursday: 7:00 AM - 4:00 PM CST
Friday: 7:00 AM - 4:00 PM CST
Saturday: Closed

inTransition Program through the DOD Defense Health Agency

Behavioral Health

1-800-424-7877

Veterans Inc.

www.veteransinc.org
800-482-2565
701—892-4630 (Fargo)

US Veterans Magazine

A variety of resources from jobs to entrepreneurship to events to education

<https://usveteransmagazine.com>

Veterans Legal Institute

Provides pro bono legal assistance to homeless, at-risk, disabled and low-income current and former service members to eradicate barriers to housing, healthcare, education, and employment and foster self-sufficiency.

<https://vetslegal.org>

Group Organization – Vietnam Veterans:

Vietnam Veterans Of America - Chapter #374

339 Center Avenue South
Mayville, ND 58257

Phone: 701-430-1856

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Vietnam Veterans Of America - North Dakota State Council

105 Code Avenue North
Park River, ND 58270

Phone: 701-284-6426

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Vietnam Veterans Of America - Chapter #941

PO Box 7327
Fargo, ND 58106

Phone: 218-236-0959

Email: larrynicholson02@gmail.com

Website: <http://www.vva941.org/>

Sunday: Closed
Monday: 8:00 AM - 5:00 PM CST
Tuesday: 8:00 AM - 5:00 PM CST
Wednesday: 8:00 AM - 5:00 PM CST
Thursday: 8:00 AM - 5:00 PM CST
Friday: 8:00 AM - 5:00 PM CST
Saturday: Closed

Local area:

Narcotics Anonymous

(Recovery Group):
Antenna Building
401 N 7th St
Saturday: 7:00 pm – 8:00 pm
Sunday: 12:00 pm – 1:00 pm

(Living in Recovery Group):
University Lutheran Church
2122 University Ave
Monday: 8:00 pm – 9:00 pm
Sunday: 8:00 pm – 9:00 pm
Wednesday: 8:00 pm – 9:00 pm

Celebrate Recovery

Freedom Church
308 DeMers Ave
Grand Forks, ND
Tuesdays – 630pm

HOPE Church
1601 17th Ave S
Grand Forks, ND
Thursdays – 630pm

Alcoholics Anonymous:

Sunrise Group
Antenna Building
401 N 7th St
Tuesday: 6:30 am

Red River Group
Antenna Building
401 N 7th St
Tuesday: Noon

Red River Group
401 N 7th St
Tuesday: 5:30 pm

First Things First Group (In-person and online)
Wesley United Methodist Church
1600 4th Ave N
Tuesday: 7:00 pm – 8:00 pm
Way of Life Group

Other Grand Forks area supports:

Northland Christian Counseling Center
Grand Cities Mall
1615 17th Ave S.
701 795 8550

Augustana Lutheran Church
520 University Ave
701 775 3187
Tuesday: 8:00 pm – 9:00 pm

AA
Tuesday Night Group (reduced Attendance) in
person and online
1917 S Washington St
Tuesday: 8:00 pm

Mountain Brook (Mental Health)
112 N 3rd St
701 746 4530

Third Street Clinic
360 Division Ave # 200
701-772-1263

Valley Community Health Center
212 S 4th St
701 757 2100

Red River Valley Community Action – Food
Distribution center
1013 N 5th St
701-746-5431

Community Service/Restitution
Social services organization
311 S 4th St #201 · (701) 775-3403

Prairie Harvest Mental Health
Social services organization
930 N 3rd St
(701) 795-9143

Grand Forks Housing Authority
1405 1st Ave N
(701) 746-2545

GF Vet Center
3001 S 32nd Ave
701-620-1448
Beaudrey.vreeland@va.gov

Salvation Army - Food Distribution Center
1600 University Ave
(701) 775-2597

Community Violence Intervention Center
Crisis line: 866-746-8900
Office: 701-746-0405

Community Connect (partners with
Community Options)
Facilitates application counseling
701-620-1029 or 701-772-1715

Share House
Chemical Dependency treatment program
Residential and Assessment
1122 North 43rd St.
Grand Forks ND 58203
701-354-3716 (day); after hours 701-354-3716

22 A Day Outdoors, LLC
Michael Ortiz
701.317.8652
22ADayOutdoors@gmail.com

Arts for Vets
Kimberly Forness Wilson & Sonia Brumskill
artsforvets@gmail.com
701.330.3072

Love in Action- Grand Forks
818 University Ave
Grand Forks ND 58201
701 330 8775
Email: hello@loveinactiongf.org
<https://www.loveinactiongf.org/>

FirstLight Home Care
Lori Morin, Care Coordinator
lmorin@firstlighthomecare.com
3001 32nd Ave S
Suite 18
Grand Forks ND 58201
701 757 0568
NDcentral.FirstLightHomeCare.com

Community Health Services, Inc.
1113 W 11th St
Grafton, ND 58237
701.352.4048
<http://chsiclinics.org/>

Father's Farm
4440 78th St NE
Wolford ND 58385
701.583.2880
<https://www.fathersfarmnd.org/>

Hometown Hero Outdoors
P O Box 210
Stillwater, MN 55082
651.583.6304
<https://hometownherooutdoors.org/>
Email: info@hometownherooutdoors.org

Statewide resources:

Training/Variou support resources:
First Link: myfirstlink.org

Recovery/Behavioral, Mental Health:
Better Together North Dakota:
bettertogethernd.com

Brain Injury Network:
ndbin.org/resource-directory/advocacy

Burleigh County:

VA Outpatient Clinic
2700 State St
Bismarck ND 58503
701 221 9152

Vet Center
619 Riverwood Dr
Bismarck ND 58554
701 667 1418

Military Service Center
4200 Miriam Ave
Bismarck ND 58501
701 333 3800

Bismarck AMVETS Club
2402 Railroad Ave
Bismarck ND 58501
701 258 8324

VFW Post #1326 (Helping Hand Fund-combat veterans)
1235 S. 12th St.
Bismarck, ND 58501
701 222 1525

The Village Family Service Center
First Step Recovery
2207 E Main Ave
Bismarck, ND 58501
701 255 1165

Good Road Recovery Center
1308 Elbowoods LN
Bismarck, ND 58503
701 751 8260

Heartview Foundation
101 E Broadway Ave
Bismarck, ND 58501
701 222 0386

Coal Country Community Health Center
1312 Highway 49 North
Beulah, ND 58523
701 873 4445

Ward County:

Marco-Minot Recovery Community
Organization
2201 15th St SW
LL Suite 3
Minot, ND 58701
701 509 3796 or 701 720 7578

The Village Family Service Center
First Step Recovery
20 1st St SW
Suite 250
Minot, ND 58701
701 852 3328

Harmony Center
720 Western Ave, Suite 201
Minot, ND 58701
701-852-3263

Addiction Treatment Center
300 30th Ave NW
Suite D
Minot, ND 58703
701 858 1801

Prairie Recovery Center
7785 St Gertrude Ave
Raleigh ND 58564
701 597 3419

Vet Center
3300 S Broadway
Minot ND 58701
701 852 0177

VA Clinic
3400 S. Broadway
Minot, ND 58701
701 418 2600

VFW Post 753
1100 31st St SE
Minot, ND 58701
701 839 6772

AMVETS Post 26
1949 N Broadway
Minot, ND 58703
701 852 1532

Peer Support/Recovery Groups:

Face it TOGETHER
701-260-5895
kal@faceittogethernd.org

F5 Project
701-741-7256
eric@f5project.org
Housing and peer support

Additional resources:

Team Rubicon
<https://teamrubiconusa.org/>
Unites the skills and experiences of military veterans with first responders to rapidly deploy

Mission Continues
<https://www.missioncontinues.org/>
This connects veterans with service opportunities

Team RWB (Red, White, and Blue)
<https://www.teamrwb.org/>
This connects veterans and their community

Gary Sinisi Foundation (Avalon Network)
<https://www.garysinisefoundation.org/>
For PTSD and Mental Health

Minority Vets of America
<https://minorityvets.org/>
For underrepresented veterans including women, people of color, LGBTQ, and religious minorities

Elizabeth Dole Foundation – Hidden Heroes
<https://www.elizabethdolefoundation.org/hidden-heroes/> For caregivers of veterans

Light House Church (Fargo) – Free Through Recovery Program
<http://lighthousechurchfargo.org/>

Behavioral Health (ND):
<https://www.behavioralhealth.nd.gov/> or
<https://www.behavioralhealth.nd.gov/addiction/FTR>

Adult Children of Alcoholics & Dysfunctional Families World Service Organization;
<https://adultchildren.org>

National Association for Black Veterans:
www.nabvets.org

Vietnam Veterans of America: www.vva.org

American Legion: www.legion.org

ACKNOWLEDGEMENT

Thank you to Veterans Treatment Courts that have been established in Michigan, Pennsylvania, Minnesota, Montana, Washington (state), and others for freely sharing their VTC policy and procedure manuals, information, and training information through the web pages they created to hallmark their particular VTC. Thank you, too, to the various justice-oriented organizations such as All Rise - Justice for Vets, COSSUP, TASC-Center for Justice and Health, and others for your online training modules, webinars, podcasts, forms, and manual examples.

Thank you to all of our partners and mentors for your support!

